Happy Halloween!

Raiders' high school newspaper: only inside the News-Ledger!

Police log
Returns next week!

THE NEWS-LEDGER

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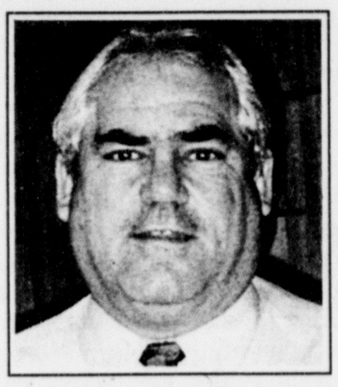
39th Year ◆ No. 11 **Serving the West Sacramento Region Since 1964** **Wednesday, October 30, 2002**

FINAL NEWS-LEDGER CANDIDATE INTERVIEWS: SCHOOL BOARD:

David Farmer

By Steve Marschke
News-Ledger Editor



DAVE FARMER

School board member David Farmer is winding up his first four years on the board. He's running for re-election based on his record.

"I believe I've established myself as a dedicated and committed member of the board over the past four years," he told the News-Ledger. "I've contributed to the direction it's now taking in a number of ways, and I'd like to continue to try to improve educational programs in the district."

Farmer cited a "very dedicated, competent and professional administration now in the district office."

"We've gone through a number of superintendents," he continued. "I believe we now have one (in Stuart Greenfeld) who is working hard at raising the bar for student achievement, and who has a quality staff."

Farmer is also proud that he's helped do "some good work in getting a school bond passed – we've run into a few glitches, but overall, when we're finished with that, the school campuses will be much improved."

He has other goals, though.

"I would still like to see us get more parents involved in the education of their children," said Farmer. "We deal with so many language barriers (among local families), and we need to have an information system to get the parents involved with the education of their children, and involved with their campuses."

Farmer believes the district is responding well to the state's recent emphasis on standardized student tests.

"The test scores show where the students are at a given point in time," he commented. "I don't necessarily agree that we should compare them with other school districts. We should look at the scores from year to year and compare them to ourselves."

The scores are used to set improvement goals for each campus. Programs and state assistance are available to help them get there.

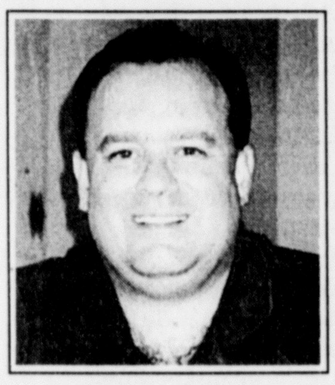
"We've had some schools reach their targets," said Farmer. "I expect that with the programs we've got in place now, we're going to make additional improvements. These improvements are due to a team of people – not the school board. It's the teachers, administrators, and everybody pulling together, including the parents, that improves the scores. The board only approves the programs – the credit belongs to the teachers, classified staff and everybody else who pulls together."

Farmer considers maintaining class size reduction

Please see FARMER, p. 5

Kevin Jones

By Steve Marschke
News-Ledger Editor



KEVIN JONES

For Kevin Jones, running for school board seems logical.

"I have four kids in the local schools, and I will have at least one child in the schools for the next 12 years," Jones told the News-Ledger. "I see that there's room to make some improvements in the schools. The pieces are in place, but I don't see the necessary planning being implemented. I think I can draw from my planning experience as a teacher, and bring some of those skills to the school board."

Jones, 38, is married and is a ten-year resident of West Sacramento. But he is longer acquainted with the city which is home to his mother's side of the family. Childhood visits to the area were frequent.

"I grew up in San Ramon, but my mother and her brother and sister grew up in West Sacramento and graduated from the former James Marshall High School here. Her mother – my grandmother – has lived in West Sacramento for fifty years plus."

Jones has a bachelor's degree in history from CSU Hayward, with a minor in business administration. He has an elementary school teaching credential, and a credential for teaching history and social science, as well as industrial arts, in secondary school. He now teaches at a middle school in Antioch.

"I've attended school board meetings here fairly regularly," he explained. "My experience with the board is that they seem to have a direction they want to go, but there does not seem to be a cohesion between the administration and the board. The board and administration need to work together to get that cohesion.

"In the ten years I've been here," he added, "we've had at least four superintendents. That doesn't speak well to how a district is being managed. I think they need to listen to their employees more."

Jones said he believes it is important to continue with class size reduction programs, lessening the ratio of pupils to teachers in the earlier grades.

"As a teacher, I can tell you that nothing helps in a classroom more than having reduced class sizes," Jones commented. "There's always a price to pay for this, because if you reduce one class, they increase the size of another class."

State money helps create some overall benefit in class sizes, he said, "but it never seems to completely pay for everything."

"I'd like to see (class size reduction) expand to other

Please see JONES, p. 6

Council candidates raise big bucks; 'No on L' groups raise very big bucks

By Steve Marschke
News-Ledger Editor

West Sacramento's current election campaign will eclipse previous local records for the amount of money raised and spent on local ballot issues.

If you believe that the trail of money can tell you something about a candidate or ballot measure, then you'll want to know who has been footing the bill for all of those campaign signs, newspaper ads and political advertising mailers you've been exposed to for the past couple of months.

Here's a brief, partial rundown on how West Sacramento's city council candidates and ballot measures have faired in their fundraising – and who has been the basis of support for each. The information generally comes from the most recent financial disclosure forms filed with the city clerk, for the period ending Oct. 19.

Christopher Cabaldon
City Council Candidate
(Incumbent)

Cabaldon reports raising about $29,297.45 through Oct. 19.

Contributors include the West Sacramento Democratic Club, $250; Metro Place in West Sacramento, $499, Sacramento Supervisor Roger Dickinson, $100; Operating Engineers Local #3 $500; Sacramento-Sierra Building & Construction Trades Council, $500 (cumulative for the year); Health Care Workers Local 250, $500; resident Lou Arges, $349; Yolo Shortline, $500 in services; Awin Management of Arizona, $500; Committee for Home Ownership/BIA, $500; B&L Properties of Vacaville, $500; BP Corporation North America Political Action Committee, $250; casino consultant Max Besler, $250; Friends of Bill Kristoff, $250; State Sen. Deborah Ortiz, $250; Alan Osborne of the Art Foundry, $500; Plumbers & Pipefitters Local #447, $250; former councilman Greg Potnick, $450; consultant Dennis Clark, $135; developer David Stroud and associate Jason Stroud of ASB Properties, $500; Stationary Engineers Local 39, $250; Citizens for Ed Prieto, $500; Daniel Ramos of Ramco Ent., $500; Julie Ramos, $250; Richland Communities of Florida, $250; and other donors from the Sacramento area and elsewhere.

Carolyn Castillo Pierson
City Council Challenger

Castillo Pierson reports raising $27,119.08 through Oct. 19.

Her contributors include A&A Concrete Supply, Inc., of Sacramento, $500; Frank Andrews, Jr., of Fairfield, $500; B&L Properties of Vacaville, $500; Associated Ready Mix Concrete, Inc., of Newport Beach, $500; Donna Cameron of West Sacramento, $500; Clark Cameron, $500; Cameron & Associates, $500; Cemak Trucking of Long Beach, $500; Darrell Steinberg Leadership Committee, $500; Friends of Bill Kristoff, $250; Debbie Goddard, $106; Helen Thomson for Assembly, $250; Jill Meer of Newport Beach, $499; Meer Capital Partners, $499; Leslie Moore and Kory Moore of El Dorado Hills, $499 each; West Sacramento realtor Jeff Morazzini, $300; Operating Engineers Local #3, $1,724; Plumbers & Pipefitters Local 447, $250; Dan Ramos, $250; David Stroud of ABS Properties, $500; Taylor, Hooper & Wiley of Sacramento, $500; Working Families for Deborah Ortiz, $500; Wes Beers, $200; Turner Land Co., $250; Eldridge Bid Reporter, $300; Bruce Haniford and Lynn Haniford of Dublin, CA, $499 each; and others.

Kimber B. Goddard
City Council Challenger

Goddard reports raising $26,855.07 through Oct. 19.

Contributors include himself, $1,000; and a further $10,000 in self-secured loans to his campaign.

Numerous $250 contributors include Norman Masters of Yuba City, Louise Martin of Sacramento; Ursala Ruffalo of West Sacramento; Susan Ose of Sacramento; Marilyn Burt of West Sacramento; William Lowell of West Sacramento; Christine Masters of Yuba City; attorney Dan Boatwright and Teresa Boatright of West Sacramento; real estate agent Joy Reznick of Thousand Oaks; Bell Tasty Foods of Elk Grove ($750 or more total); and others in West Sacramento, Elk Grove and elsewhere.

Mark Johannessen
City Council Challenger

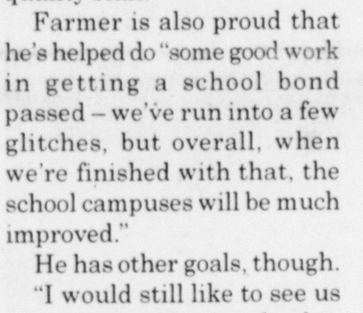
Johannessen reports raising $19,616.23 through Oct. 19.

Contributors include Lou Arges, $250; Beneto, Inc., $250; Harold Wecker, $200; Cecil Westsel of Wetsel-Oviatt, Folsom, $500; Wtsel-Oviatt, $500; the Smith Family Trust, $500; River Cats officers Art Savage and Robert Hemond, $500 each; Gina Turner of Davis, $250; Frugoli Family Trust, $250; a $1,500 loan from himself; real estate broker Bryan Turner, $500; Christa Turner, $500; developer Frank Ramos, $500; Valley Slurry Seal Co., $500; Daniel Ramos, $500; B&L Properties of Vacaville, $500; real estate developer Frank J. Andrews, Jr., of Fairfield, $500; Sally Johannessen, $500; Steven Johannessen, $500; developer David Stroud,

Please see DONORS, p. 5

FINAL NEWS-LEDGER CANDIDATE INTERVIEWS: CITY COUNCIL:

Christopher Cabaldon



CHRISTOPHER CABALDON

By Steve Marschke
News-Ledger Editor

Christopher Cabaldon was not elected to West Sacramento's city council in his first attempt, but did make it on his second try. And he's become one of the West Sacramento officials better known throughout the region.

Cabaldon earned a council seat in 1996, winning the right to fill a council vacancy for two yearsHe was re-elected for four years in 1998, and became a key player in regional negotiations to bring Raley Field and the River Cats to the city. He is a past mayor of the city.

A recent bid for the Democratic nomination to a state assembly seat didn't work out, but Cabaldon doesn't see another bid for higher office interrupting his potential next term on the council.

He would like another council term.

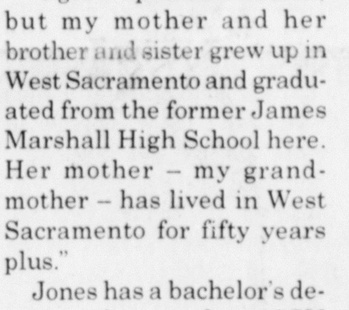
"This is the most dynamic place to be in the region, in terms of making social and economic changes," said Cabaldon, 36. "I've been emboldened by the accomplishments we've achieved. I'm excited about the prospects that we can do more."

Raley Field is a chief source of pride. Making the minor league ball field happen, over financial obstacles and opposition from the city of Sacramento, "made it okay to dream again" for West Sacramento.

"Among our accomplishments was putting together a regional partnership to make Raley Field a reality," said Cabaldon. "What came along with that was a transformation of our city's image

Please see CABALDON, p. 11

C. Castillo Pierson



CAROLYN CASTILLO PIERSON

By Steve Marschke
News-Ledger Editor

Carolyn Castillo Pierson, a West Sacramento native, says it's time to "step up" and serve West Sacramento. She has added her name to the roster of four people seeking two seats on the city council next week.

"I was born and raised here," said Castillo Pierson. "I went into government work out of college – I worked for a year with the county, and then with the state. I truly feel I have the qualities needed to do this job, and it's in my nature to do public service. It's time to step up and do it. I have a real passion and affection for this city."

Castillo Pierson, 45, is in upper management with the state's department of health services, working with MediCal managed care contracts. She has a bachelor's degree in public administration from Sacramento State, and a master's in health administration from USC. A Southport resident, she is married, with two grown children and three stepsons.

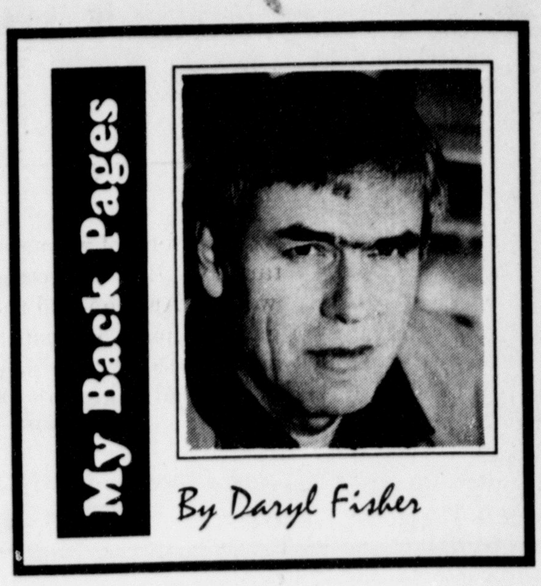
"I think we have done a good job since (the city formed)," she commented. "We all have our own opinions of how things could be done better. But we've made a lot of progress. For the past ten years, we've set up a lot of planning, and then we saw the 'ziggurat' building, Raley Field, and River Walk happen."

With experience both professionally and as a volunteer for social service issues, Castillo Pierson knows where she'd like to direct her attention on the city council.

"There are certain issues

Please see PIERSON, p. 6

A few Halloween tips; plus, remembering Coach Maes



When my four children were young, my main responsibility on Halloween night was to leisurely stroll around the neighborhood with them to make sure no one stole them or the candy they had worked so tirelessly to collect. My standard fee for this service was one Baby Ruth and one Almond Joy from each of their bags.

Once home, I was also responsible for refereeing all the fights which always seemed to break out over who was secretly, and of course without permission, removing a treat from someone else's bag. My standard fee for any altercation which escalated into a shouting match was one Snicker's bar and any candy corn or roasted almonds the offender may have collected on his or her travels.

Finally, I was also responsible for staying up as late as it took to get into bed four kids who were wired with sugar and bouncing off the walls.

Although my children are now all too old to be among the hundreds of ghosts and goblins who will be happily roaming around the streets of West Sacramento tomorrow night, I thought I would use this space to pass along some of the safety and health tips which should always be a part of a fun-filled Hallow's eve.

To begin with, since the nighttime hours place children in more jeopardy as they walk and cross unfamiliar streets, it is always best if reflective material is a part of a child's costume. Reflective material is available in a variety of colors and can be purchased at any bicycle shop and most fabric and hardware stores. Reflective trick-or-treat bags are also a very good idea.

Some common sense tips for parents of trick-or-treaters include:

1. Pin up long costumes to prevent tripping.
2. Select costumes, masks, wigs and beards that are made of flame-retardant materials.
3. Use make-up instead of a mask. If children do wear a mask, be sure they take it off before crossing streets.
4. Plan the trick-or-treat route ahead of time selecting well-lighted streets.
5. It is best for children to go in a group.
6. Have children carry flashlights.
7. Remind children to cross the streets only at corners and never to cross between parked cars or mid-block.

In addition to the above, the West Sacramento Police Department recommends the following: A parent or responsible adult should always accompany young children on their neighborhood rounds; no treats should be eaten until they are thoroughly checked by an adult at home; only go to homes with porch lights on; keep away from open fires and candles (costumes can be extremely flammable); agree on a specific time when revelers must return home; a good meal prior to trick-or-treating will discourage youngsters from filling up on Halloween treats; remain on well-lit streets and always use the sidewalk; walk at the farthest edge of the roadway facing traffic; and be cautious of animals and strangers.

If you are a motorist on Halloween night, remember to slow down and drive at least five miles below the posted speed limit to give yourself extra time to react to children who may dart out in front of your vehicle; turn on your headlights, even if it is still not completely dark outside; be extra alert for children crossing the street between parked cars and in the middle of the block; and broaden your visual scanning, looking left and right into yards and front porches.

One final bit of Halloween advice comes from the California Dental Association, which says it's not the amount of sugar in candy that can cause decay but the amount of time the candy stays in the mouth.

"Treats that parents think may be good substitutes for candy, such as gummy bears, fruit roll-up snacks and even raisins can lodge between teeth or stick to the teeth longer. The sticky sweets offer a sustained attached food source for bacteria which produces the acids that can cause a cavity. Therefore, trick-or-treaters are encouraged to brush and floss as soon as possible after eating any treats, and healthy trick-or-treat options for parents to hand out include cheese and crackers (available in individual packs), sugarless gums and candies, or creative alternatives like child-safe toys and toothbrushes."

When I asked my daughter, whose last trick-or-treating experience was more than a decade ago, to proofread this column for me, I also asked her if there was anything else I should have mentioned.

"Well," she said, "I did notice that you failed to say a single word about how when we were young you used to wait until we had all gone to bed and then you would swipe all the really good stuff out of our bags for yourself."

"Now that is just an unsubstantiated rumor that was spread around by you mother," I said.

"Then how come when I used to wake up after Halloween all the Nestle Crunch and Tootsie Roll bars -- both of which you happen to love -- had always mysteriously disappeared from my bag?"

"I don't have the slightest idea," I answered.

Personal note: As you may notice in the obituary section of this week's *News-Ledger*, David Maes recently passed away. David Maes was my high school history teacher and basketball coach at James Marshall High School in the early 1960s. He was knowledgeable, funny, genuinely liked young adults, and had somehow even managed to marry one of the nicest ladies I have ever met.

As a teacher, Mr. Maes enjoyed bringing the past alive, but he was even more interested in current events, and I can still remember the disbelieving expression on his face as he sadly gathered our class around a television set in his room on the terrible afternoon President John F. Kennedy was assassinated.

As a basketball coach, Mr. Maes was always up-to-date on the defenses and offensive plays successful teams used, strongly believed that you had to play well in practice if you wanted to play well on game day, handled defeat with as much grace as he did victory, and always treated his players fairly and with respect. And like all really good teachers and coaches, he made a positive difference in the lives of more young people than he ever knew -- including mine. God's speed, Coach Maes.

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Obituaries

David Maes

David Maes passed away in Sacramento on October 24, 2002 at the age of 78. He was dedicated to the education of high school students and was a teacher, coach and high school administrator. He was retired from James Marshall High School and the Washington Unified School District in West Sacramento.

Mr. Maes loved his family, cooking, selling his tamales, and was also an avid Sacramento Kings basketball fan. He was a native of Colorado and a WWII Navy veteran-radioman.

Mr. Maes is survived by his beloved wife of 48 years, Lucille Maes of Sacramento; children David Maes Jr. of Cupertino, and Maria Brown of Sacramento; and granddaughter Lauren Brown. He is also survived by his siblings; Robert Maes of Santa Rosa, Richard Maes of Australia, and Carlo Schinella, also of Australia. He was preceded in death by his brother, Raymond Maes in 1999.

A Mass of Christian Burial was held for Mr. Maes on October 29, 2002 at St. Anthony Church in Sacramento. Interment was at St. Mary's Cemetery in Sacramento. Remembrances can be made to a charity of choice.

New vice principal on duty at RCHS

Tim Metros has been appointed Assistant Principal at River City High School. He recently left the Vacaville Unified School District where he taught high school social studies, was a 10th grade advisor and participated in a number of leadership roles. He also spent five years in corporate level management and 20 years as a radio personality and program director at various radio stations in California.

"After a long search for an Assistant Principal, we were very pleased to find someone who has Tim's management background and a strong sense of how he can use his talents and skills to contribute to our administrative team," said River City High School Principal Mort Geivett. "He doesn't sky away from any tasks or work to be done and he is eager to learn and grow and has already made positive strides in helping us improve our school. He has quickly become as asset to our staff."

Metros received his bachelor's degree from California State University, Long Beach, in radio, television and film. He received his teaching credential and more recently a master's degree in education with emphasis in curriculum and instruction from Chapman University. He has completed all required coursework for his administrative credential and will complete field work in November.

Locals in uniform

Marine Corps Pvt. **Javier Bastidas** recently completed 12 weeks of basic training at the Marine Corps Recruit Depot in San Diego, California. He spent hours in classroom and field assignments which included learning first aid, uniform regulations, combat survival, marksmanship, and weapons training.

Bastidas is the son of Leoncio Bastidas of West Sacramento and is a 2002 graduate of Yolo High School.

THE NEWS-LEDGER

The News-Ledger was founded August 14, 1964. It is the successor to the *Weekly Reader*, founded by Julius A. Feher in April, 1938, and incorporates the *West Sacramento News*, founded by Julius A. Feher in August, 1942.

The News-Ledger is a weekly newspaper published every Wednesday. It provides coverage by mail and other distribution to the city of West Sacramento, including the communities of West Sacramento, Bryte, Broderick and Southport.

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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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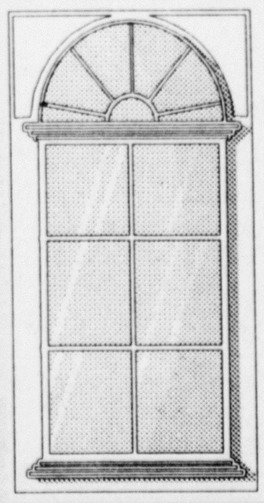
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SPORTS

SPORTS INSIDER

From Richard Novoa

World Series

The Major League baseball season ended in fairy tale fashion with the Disneyland Angels beating the San Francisco Giants in one of the most dramatic and exciting World Series played in twenty years. The Giants pounded the Angels in game five, 16 to 4 and only needed to win one of out the next two games in Anaheim to bring home the trophy.

The scene was set with Disneyland in the background for the "Rally Monkey" to work his magic one last time for the Angels and their wild fans. The Giants were cruising in game six and had just increased their lead to 5-0 and needed only nine more outs to close out the series and bring San Francisco their first baseball championship. The champagne was on ice!

The Angels and had two men on base and no outs when Giants manager, Dusty Baker, went out to the mound to talk with starting pitcher, Russ Ortiz. Baker decided to let Ortiz stay in a pitch and the rest is baseball history! The Giants lost game six and the Angels beat them in game 7. The Anaheim Angels win the 98th World Series.

Pitching wins games and the Angels and Giants entered game 7 with respective team ERAs of 6.58 and 5.71. Four times in the first six games, one of them surpassed 10 runs in nine innings of play. The Angels loved Livan Hernandez, who in two World Series starts went 0-2 with a 14.29 ERA.

The Giants bench was pretty weak going 0-16 and their designated hitters combined for a sizzling 3 for 13! The stars of the show were of course Barry Bonds and J.T. Snow, who batted over .400 but it was his golden glove that continuously saved the G-men's pitchers. Mr. Bonds set a few World Series records but I'm sure he would trade in his home runs and walks for that elusive World Series ring!

Now that the baseball season has concluded for both bay area teams the bad news continues. Oakland A's manager, Art Howe, will be leaving to manage the New York Mets for about $2 million a season and Dusty Baker is on the top of the Chicago Cubs and Seattle Mariners lists to turn around their clubs. Both managers enjoyed their best seasons and now it's off to see the wizard in the Land of Oz ($$).

Kings Korner

A funny thing happened last Friday night during the Kings and Lakers game in Los Angeles. I thought I was watching a basketball game but it was really a hockey game in disguise because a great fight broke out early in the first quarter between Doug Christie and Rick Fox. The idea of hockey, basketball and boxing all in one event has a nice ring to it.

The Kings will open their season on Tuesday night at the Arco without the services of Doug Christie, who was suspended by the NBA for two games, and Mike Bibby will be out of action for a few more weeks with a broken foot. Also, guards Brent Price and Mateen Cleaves are nursing injuries and may not be available for action.

The Kings will be hosting the Portland Trailblazers on Halloween night (7 p.m.) before they head back East on Saturday on a four game road trip that will take them to Memphis, Miami, Orlando and New York.

NFL Action

The Oakland Raiders (4-3) and the San Francisco 49ers (5-2) will square off at the Oakland Coliseum on Sunday, November 3rd. This should be the game of the year for Bay Area football fans! The "Battle of the Bay" has arrived! The Raiders are favored by 3 points and the game will be televised (1:15 p.m.) on Fox ? Channel 40.

The Raiders, who started the season 4-0 have, now lost their third consecutive game. The Raiders were beaten 20-10 in Kansas City by the Chiefs, who improved their record to 4-4. Rich Gannon complete 35 for 55 passes for 334 yards but the Raiders only scored 10 points. Tim Brown wanted the ball more often and Gannon completed 13 passes to him but that game plan didn't work. Jerry Rice is probably looking forward to playing the 49ers next Sunday but his key fumble with 4:39 remaining set up Kansas City's clinching touchdown.

The Niners on the other hand jumped all over the Arizona Cardinals 24-3 in the first quarter and managed to hold on to win 38-28 to put them in first place in the West Division. Jeff Garcia enjoyed his best day at the office in a long time throwing four touchdowns pass. He hooked up with Terrell Owens for eight passes for 132 yards and two touchdowns, including a 61-yard catch that left the Cardinals defenders in shock right before halftime.

My dog Aztec is starting act like a human and is running out of cute tricks but he did manage to pick 2 out 4 winners last week so I'll give him one more week before I send him off to sports journalism training classes.

In college he like the luck of the Irish so take Notre Dame (-10) over Boston College and in the NFL he's very fond of animals. Take "Bark " Bulger and the Rams (-3) in Arizona and the Colts (-3) at home against the Titans. On Monday night he loves the fish so take the Dolphins (+6) against the Packers.

Boxing

Don't forget championship boxing returns to Sacramento with Willie Jorrin (28-0-1, 12 KOs) of West Sacramento and Oscar Larios of Mexico (45-3-1, 32 KOs) meeting in a 12-round rematch for Jorrin's World Boxing Council super-bantamweight title on Friday, November 1st (5:30 p.m.) at the Arco Arena. Good seats are still available for his Friday night of boxing in the Capitol City.

See ya next week!

Raiders lose to Vanden

By Olivia De Mars

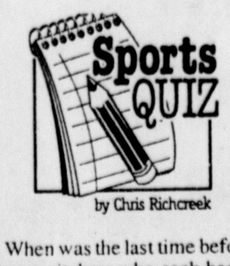
The River City High School Raiders lost their first league game last Friday to the Vanden Vikings.

The Raiders came out strong but the Vikings took an early 7-0 lead on a passing play and a extra point kick. Back on offense, the Raiders made five consecutive first downs behind the hard running of Ricky Bandu, Jason De Mars and Justin Hunt, only to be forced to punt again.

The rest of the first half turned into a defensive struggle with River City relying on the strong play of A.J. Saucedo, David Maldonado, Tony Molina, Justin McAmoil, De Mars and Hunt. When the second half opened, Vanden scored first and increased their lead to 13-0 before River City answered with a one yard plunge after a long pass play called by Coach Johnson which took the ball all the way to the one-yard line. The two-point conversion failed but Vanden's lead was cut to 13-6.

After Vanden lengthened it's lead to 21-6, the Raiders kick-return team set up a perfect wedge and Ricky Bandu took the ball all the way into the end zone. Once again, the two-point conversion failed and the final score of the game was 21-12.

The Raiders will play their next league game this Friday at home against Rio Linda.



1. When was the last time before 2001 that two pitchers who each had won at least 200 career games met in the post-season?
2. When the New York Yankees set an ALCS mark in 2001 for most runs allowed in a game (14), whose record did they break?
3. When was the last time before 2002 that LSU played in the Sugar Bowl?
4. Before 2002, when was the only other time the New Jersey Nets made it out of the first round of the NBA playoffs?
5. Who was the first winner of the Jack Adams Trophy (as NHL coach of the year) in 1974?
6. Ricky Rudd set a mark in 2002 for driving in consecutive NASCAR races. Who had held the record?
7. True or false: Jennifer Capriati won the first two Grand Slam events in 2001 by beating Martina Hingis in the finals each time.

Answers On Back Page

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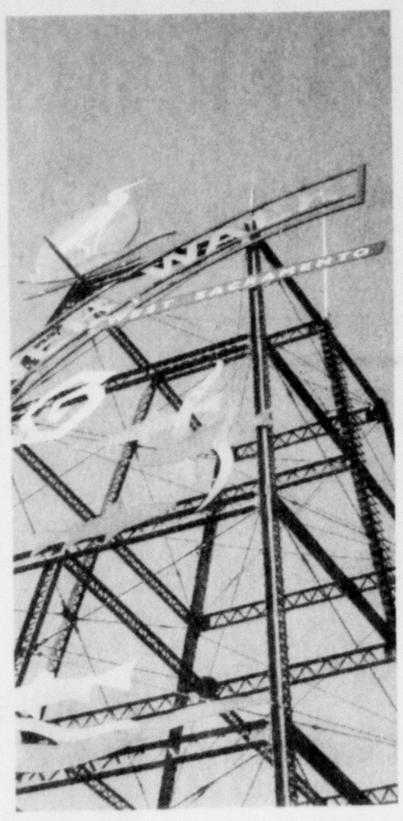

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Photo: Mark and his daughter, Erika

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$500; Scott Johannessen, $500; Lorrie Johannessen, $500, Marianne Johannessen, $500; M.A.C. Company of Tennessee, $500; and others.

'Yes on J and K'

The measures to raise West Sacramento's sales tax rate, and ask voters' advice on how to spend the new money, faces no organized opposition. The committee for the two measures (Gregory Verdon, treasurer) reports raising $30,424 through Oct. 21.

Contributions include $10,000 from Richland Investments, LLC, of Florida; $10,000 from West Sacramento Citizens for Responsible Planning (a group opposing Measure L and linked to Summit Commercial Properties); $2,500 from Plumbers & Pipefitters #447; $2,500 from Valley Slurry Seal Co.; $250 from former city manager Joe Goeden; $1,000 from the East Yolo Friends of the Library; $1,000 from ASB Properties; and others.

Yes on Measure L

"WS-QUAD," or West Sacramento Quality Urbanization & Development, is sponsoring the industry-limiting Measure L on next week's ballot. The group reports raising $19,418.23 through Oct. 19.

Contributors include $750 each from Robert and Arlene Coombs of Santa Rosa; $850 from Michael Leonard of West Sacramento; $625 from Debbie Goddard of West Sacramento; $5,205.75 from Kimber Goddard for City Council; $950 from Kimber Goddard; $360 from Borders Bookstore in Davis; and others.

No on Measure L

Three committees formed to raise money to fight Measure L. Cumulatively, they report raising a record-setting $181,000 for the effort.

One, "West Sacramento Citizens for Responsible Planning," is sponsored by a business entity tied to Summit Commercial Properties, of Southport Industrial Park. That committee reports $119,638.10 through Oct. 19. The sponsor itself, Blackridge Southport, LLC, contributed $80,000 of that amount. The committee also borrowed about $40,000 for the campaign.

A second group, "Save Our City – no on L," reports being "sponsored by local unions." That committee said it raised $25,952 through Oct. 19. Contributors include $1,500 from A&A Concrete Supply, Inc., of Newport Beach; $5,000 from Ship Clerks' Association Local #34; $1,000 from Farmers Rice Cooperative; $1,000 from Turner Land Company; $250 from Port of Sacramento director John Sulpizio; and donations from other laborers, unions, businesses and people.

Another labor-oriented committee, the "ILWU Coast Committee Fighting Fund – No on L" committee, reports raising $35,367.82 through Oct. 19. The committee reports that about $28,000 of the amount raised comes from un-itemized contributions of less than $100 each.

Firefighters' Committee

The Sacramento Area Fire Fighters Political Action Committee reports spending $939.53 to support Measures J & K, approximately $2,000 to support city council candidate Christopher Cabaldon, and about $2,600 to support council candidate Carolyn Castillo Pierson as of October 19.

FARMER from p. 1

programs (currently in kindergarten through third grades) to be important.

"I think we've established the fact that having a ratio of twenty students to one teacher is ideal," said Farmer. "It's always going to be critical to hang on to that. The ideal thing would be to have class size reduction go all the way to the eighth grade, if possible. That would be nice to have, but I don't think we'll get there for a long time."

Farmer, 55, is a local police lieutenant. He is married, with a daughter who graduated from River City High School, and a son who is currently a senior there. He is a Vietnam veteran with an associate arts degree in criminal justice from Sacramento City College, graduating from the former James Marshall High School in West Sacramento. He has served 31 years in law enforcement.

His community involvement includes 20 years volunteering in local little league, and coaching football at local private schools.

He has seen West Sacramento go from two high schools to one, and now to a situation where the community needs a new or larger high school campus.

Where would he like to see the new high school – or schools – built?

"It's a debatable question, but I believe we should only have one high school," he answered. "When we had two before, it divided the community. When you look at the available land for a new site, there's not much alternative to a site in Southport, or taking the current high school or junior high and making them into a high school that will meet our needs for the next 20 years. It would be my hope to have a new high school built within the next five years. Including land acquisition, we're probably looking at $70 million in today's costs."

The new campus will require a new school bond, he added.

Farmer also commented on the current salary negotiation impasse between the local teachers' union and the school district.

"I believe the district should be competitive with surrounding districts in terms of salary and benefits, in order to retain and recruit quality teachers," he stated. "But one has to look at the funding for that. If the money is there, I'd be willing to provide a salary increase to the employees. One of the main functions of the board is to oversee the budget, ensuring its fiscal management and not going broke."

Is child care an area where the district ought to work harder for the community?

"I don't see it as a role of the school district to provide child care," he answered. "If we were looking for a facility in order to provide child care (in partnership) with the city, then, yes."

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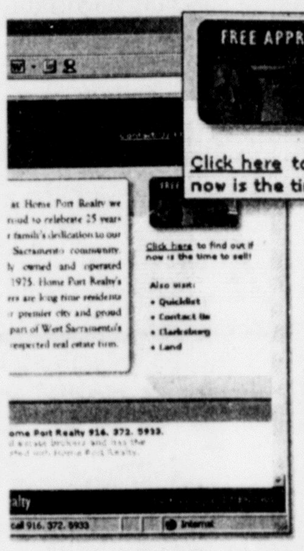

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PIERSON from page one

I'm more interested in and would probably focus on," she explained. "We've made a lot of progress, particularly developing the south area, and we need to continue to give attention to the north area and make sure they grow along with the city. I want to preserve the culture we have and the character of the town. I work in health right now, and have experience in social services, so I have a real interest in addressing issues in social services – things like day care, after school care, and prevention programs. I'm a real proponent of prevention programs."

Castillo Pierson supports the ballot measures written to raise the local sales tax rate to fund road repairs and other local programs.

"I think it's a wonderful opportunity for the community," she said of the linked measures, "J" & "K." "I'm very pleased with the way they balanced out the spending in terms of setting aside a proportion for infrastructure and roads, as well as serving some of the family needs here."

She is against another ballot measure, which hopes to limit industrial growth in the city.

"I'm 'No on L.' Working for government, I'm well aware of why we have certain processes. Our general plan is a critical element of this community. The measure takes one part of the town, without taking into consideration the implications and equilibrium of the rest of the city. I don't believe that's the way to address dissatisfaction. I absolutely disagree that Measure L is going to cause more retail to come to Southport."

But the measure has, she adds, "been a wake-up call, in the sense that there are some real concerns by people in that part of town that need to be listened to."

She commented on the future of the Port of Sacramento, which is near the center of both the city of West Sacramento and the Measure L debate.

"It's a landmark in this community," said Castillo Pierson of the port. "I don't believe it's time to give up on it being a viable industry here. There's been a lot invested in the port. There's a lot of opportunity, and we can benefit from its success. We're seeing a shift in its relationship to the community, and there has to be more input and dialog between residents and port officials."

What about the proposal to bring an Indian gaming casino to a spot near I-80 and Reed Avenue in West Sacramento?

"I'm not in favor of having the casino built in West Sacramento," she said. "It's an image issue for me. It's not what I'd like to see in our backyard."

But the city may negotiate a financial agreement with the casino proponents involving city services – partly to protect the city's position in case the Indian tribe gets federal or state approval for its plans.

"I'm hoping that gets negotiated in a manner that benefits the city," said Castillo Pierson.

Castillo Pierson has served on the Salud Clinic Advisory Board, the former Community Services Commission, and with local soccer, baseball and girl scout programs. She has volunteered for Loaves & Fishes, and for social justice, human rights, and immigration causes.

And she feels her gender – as the lone female city council candidate trying to earn a seat in what is currently an all-male club – is a factor in her candidacy.

"I think it's important to the community that we have a female representative on the council," said Castillo Pierson. "There are certain approaches and certain perspectives that are different in terms of gender. Having a female perspective on the board is going to broaden the council's ability to develop collaboration and openness."

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JONES from page one

grades if possible, and other subjects," he added. "It's really hard to see kids struggling with preparing for the high school exit exam, and they're crammed into a class with 40 kids."

Jones has an issue with standardized state testing for students.

"There's a major problem with the initial standardized testing we did," he explained. "They're 'norm reference' tests – you're judging a child's performance against that of another child to see where they fall. What we need to do is give a standardized test, to measure them against the standards."

"Testing isn't all bad," he added. "But when you lose upwards of ten classes per year – that's five percent of your instructional year – for testing that may or may not tell you how your school is performing, that's a problem."

Jones was asked to discuss options for the district's planned new high school, or schools.

"I've heard people loud and clear that they don't want to go back to the two-high school system and recreate the rivalry that used to exist here," he said. "It seems to be a wound nobody wants to open. So we can look at one 'mega-school' built to house up to 3,000 students, which is what the projections are. There are only couple of sites available to build a site like that.

"But maybe we don't need to build a huge high school at a central location, but we could instead look at building a main campus where students take their general education classes and go to football games and dances."

Added to that, he said, would be several small "satellite" campuses where students could go to take classes in certain career fields.

"Not everybody is going to go to a four-year university out of high school, and not every job requires a four-year degree. That's not to say that we shouldn't provide an opportunity for everyone to go to college, though."

He suggested that such small satellite campuses could teach material relevant to careers in auto mechanics, construction, or transportation, for example.

"They can go to a main campus in the morning, and then go to a satellite campus for more hands-on training. That's not to say that they can't go back later to college after working awhile."

How does Jones, a teacher in another district, feel about his local colleagues' salary dispute with Washington Unified School District?

"I'm very active in the teachers' union where I work," he responded. "Nobody goes into teaching with the idea that they're going to get rich or make a lot of money, but they also don't go into it to be a pauper. When the district receives [the "cost of living allowance" increase from the state], it should be passed on to the employees of the district, the teachers and staff."

Should the district be working harder to help meet local child care needs?

"There is a need for more child care no doubt, but more than anything, there's a huge need for preschool," said Jones. "When a child graduates from kindergarten now, there are standards the child is required to meet to move on to first grade."

These standards are based on the supposition that these children have begun learning early.

"We need to provide some type of universal preschool in West Sacramento. Right now there are Head Start programs in a number of elementary schools, and those serve a certain demographic group. But there's only one preschool – James Marshall Parent Participation Preschool – in the district, and that can accept only 25 kids per year. There's no reason we can't enter into a partnership with the city and hopefully begin to use [new sales tax revenue dollars from Measures J & K] to create a universal preschool program, so all kids can enter first grade with the same schools. That will improve test scores more than anything."

Fictitious Business Name Statement
Filed Sept. 5, 2002
File No. 2002-725

The following person is doing business as Davis Motorsports, 720 Olive Dr., Davis CA 95616.

This business is conducted by Jeff Holgate, 5104 Hamel, Davis CA 95616.

The registrant commenced to transact business under the fictitious business name or names listed above on 8/1/97.

/s/Jeff Holgate

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Fictitious Business Name Statement
Filed Oct 1, 2002
File No. 2002-788

The following person is doing business as Massage Therapy Institute; Massage Therapy Institute in Davis; 424 F St. #B, Davis CA 95616:

Julie Stentzel, 735 Valencia Ave., Davis CA 95616.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9/1998.

/s/Julie Stentzel

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Fictitious Business Name Statement
Filed Oct 4, 2002
File No. 2002-803

The following person is doing business as Latino's Garage Door, 602 Walnut St., West Sacramento CA 95691:

Noel M. Robles, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 10/1/02.

/s/Noel M. Robles

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Fictitious Business Name Statement
Filed Sep 10, 2002
File No. 2002-734

The following person is doing business as American Home Crafters, 8188 Scottsdale Dr., Sacramento CA 95828:

Steven Walter Richardson, same address.

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/s/Steven Richardson

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The Review

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Vol. 22, No.2 | River City High School | October 30, 2002

Updates and Briefs

R.C. continues its last phase of modernization

R.C. Review Staff

As River City lurched through Phase VI of modernization in October, several projects neared completion. Refurbishing on the gym, locker rooms, and locker room offices was finished, although the air and heating system in the gym still needs to be adjusted.

The basic design for the decorative wrought iron fence to surround the school was "rethought," said M.O.T. spokesperson Kelly Porterfield, and the design is expected to be submitted to the school board at the November 14th meeting for their approval. Once approved, contractors will be able to place bids for the work. Workers could also not begin the external painting of the school as planned in October, because the due diligence process that reviews the painting bids was delayed. The final bid award is also scheduled for approval at the November 14th school board meeting. The painting contract is for the entire district, so once it has begun, Mr. Porterfield could only state that R.C. is one of several schools being painted and that the work is on a 210 day schedule that will be completed by the end of June.

Teen pregnancy program reopens

By Svetlana Avramenko
Staff Writer

A program designed to help pregnant girls was reopened this month and is available to assist R.C. students. School nurse Carol Ferre explained that the program had been run by the Yolo County of Education (YCOE) but was shut down September 2001 becaue of lack of funding. Last spring new funding was found and YCOE trasferred it to Washington Unified School Didstrict. It is now called the Cal Safe program. This two-part program is important because it gives support to teen parents. Part one teaches about childcare of children 0-3 years old and provides childcare for the children of the teenage mothers. The second part of this program provides support mainly for teen mothers during pregnancy and right after pregnancy. Cal Safe provide teens with transportation, assistance making medical appointments, getting food stamps, WIC and medical care, and students even get high school credits for participating in the program. Ms. Ferre says that the number of teen births for girls between the ages of 15 and 19 in West Sacramento is 43.8 per 1,000 females. She says that this statistic is higher than the state average.

The first Cal Safe meeting was held at Yolo High School on October 9th, 2002.

This year's Homecoming King and Queen, Veronica Novinsky and Douglass Riggs, pose for a picture on the football field.

Hollywood comes alive

Homecoming Dance highlights week of activities

By Ashley Coulombe & Sylampay Keomeuangsong
Staff Writers

"We got spirit, yes we do! We got spirit, how 'bout you?" Once again, Homecoming has come and gone. The excited students donned their orange, turquoise, purple and green to show what spirit week was all about.

This year's Spirit Week was very colorful. The freshmen were first to show their spirit. Although those who participated were few, these freshmen knew what to do.They did a better job decorating the quad than their class had in previous years. The sophomores were next and had to fight strong winds to put up their decorations. This year, more people cheered and supported them. Then there were the juniors. Their purple sheets and other decorations were highly inventive, and their cheering was louder than ever. Finally, the mighty seniors donned their green shirts with the saying, "It Isn't Easy Being Green." Their decorating was amazing with green tarps covering the quad and about 2,000 balloons floating around. These seniors showed the underclassmen what spirit was all about when the cheering started. For Spirit Week 2002 the four classes placed as follows: fourth, the freshmen, third, the juniors, second, the sophomores, and first, the seniors.

On October 5, we had our 25th annual Homecoming rally. Unfortunately, our A.S.B. president, Laura Carter, was unable to run the rally due to the loss of her voice, but A.S.B. Vice President Megan Stockdale took over in her absence. Although the games and skits weren't as good as the Welcome Back rally, the senior game (Australian horse race) was one that most people got a good laugh from. At times, it was ' ard to understand what the students were saying because the sound system cut out periodically.

That evening, the class floats made their way around the track, followed by the firetruck with Grand Marshalls Ms. Mejia-Hays and new English teacher Mr. Johnson. The senior float was "Senior-Wood," with Ms. Green M&M riding along. The juniors had Juniorhills, the sophomores had a River City Raider spending his Hollywood night with his princess (Barbie), and the freshmen had the River City Raiders beating the Rams on a football field.

One of the most exciting things about Homecoming was the royalty winners. Count Johnny Arrizon and Countess Kelly Hitchcock won for the freshmen. Next Richard Novoa and Halee Gould won Dutch and Duchess won for the sophomores. Rhett Stenback and Jackie Fiddler became junior Prince and Princess, and to finish Homecoming royalty, seniors Doug Riggs won for King and Veronica Novinsky for Queen.

This highlight of Homecoming however, was the dance. Even though construction on the facility continued up until 11:00 p.m. on Friday night, the gym was open, decorated, and ready for the dance by Saturday evening at 8:00 pm. Nearly six hundred students attended the dance, more than ever in recent memory. "I was ecstatic about the whole shoe and dance floor thing. It meant less work for Leadership!" said Laura Carter. Because the gym floor was not yet finished students were able to wear their shoes in the gym for the first time in years.

When the DJ played N'sync; "Like I love you," all the students went wild, despite the lack of air conditioning in the gym. When students got tired or restless, they headed to the cafeteria for a Kodak moment. "I wish they took pictures a little bit earlier," said Micaela Barbosa, "The line wouldn't have been so long if they started at eight, instead of nine or ten." Lifetouch did not start taking pictures for an hour and a half because both cameras short circuited with the new wiring in the cafeteria and new cameras had to be rushed over to the school.

But over all, it was the most successful Homecomming Dance in recent history. David Maldonado said, "The music was awesome and the gym probably turned out better than Golden State Middle School would have. I had a really fun time."

At the Homecoming football game, the freshmen show off their float. Although they placed last in this year's festivities, they showed more effort then past freshmen classes.

Awards of excellence

Three R.C. students receive prestigious A.P. scholar title

R.C. Review Staff

Three students at River City have earned the designation of A.P. Scholar by the College Board in recognition of their exceptional achievement on the college-level AP Exams.

Andrey Dykan, qualified for the A.P. Scholar with Honor Award by earning an average grade of 3 or higher on four or more of these exams. William Clayton and Olesya Litovka qualified for the A.P. Scholar Award by completing three or more A.P. Exams with grades of 3 or higher.

The College Board's Advanced Placement Program offers students the opportunity to take challenging college-level courses while still in high school, and to receive college credit, advanced placement, or both for successful performance on the end-of-course A.P. Exams. Almost 14 percent of the more than 900,000 high school students in 14,000 secondary schools worldwide who took A.P. Exams performed at a sufficiently high level to merit the recognition of A.P. Scholar.

Students took A.P. Exams in May 2002 after completing challenging college-level courses at their high schools. The College Board recognizes students based on the number of year-long courses and exams (or the equivalent semester-long courses and exams).

Most of the nation's colleges and universities award credit, advanced placement, or both based on successful performance on the A.P. Exams. More than 1,400 institutions award a full year's credit to students presenting a sufficient number of qualifying grades. Thirty-four A.P. Exams are offered in a wide variety of subject areas, each consisting of multiple-choice and free-response (essay or problem-solving) questions (except for Studio ART exam which evaluates student's original artwork).

The College Board is a national non-profit membership association whose mission is to prepare, inspire, and connect students to college and opportunity. Founded in 1900, the association is composed of more than 4,200 schools, colleges, universities, and other educational organizations. Each year, the College Board serves over three million students and their parents, 22,000 high schools, and 3,500 colleges through major programs and services in college admissions, guidance, assessment, financial aid, enrollment, and teaching and learning.

Among its best-known programs are the SAT, the PSAT/NMSQT and the Advanced Placement Program. The College Board is committed to the principles of equity and excellence, and tries to embody that that commit in its variety of programs, services, activities, and concerns.

Puttin' the physical in physical education

New bill will require students to pass tougher physical state standards

By Amanda Floriano
Staff Writer

P.E. is usually a class that does not have state- mandated educational standards. A new P.E. bill that would require high standards P.E. is awaiting signing by the governor.

This new bill would require students to pass a vigorous fitness test in order to get credit for P.E. The bill is ultimately a call to change the state's 77 percent of public school students who have failed the state's Physical Fitness Test.

"About eight years ago only four percent of our students were passing the test," said former P.E. Department head Ms. Tyler. Ms. De Corse, the school's present P.E. Department Chair, said that the past year's statistics were packed up and not available for comparison to the state average.

"Philosophically I am for improving student fitness and health," said Vice Principal Ms. Broxton, "but I am concerned with how the state comes up with all these mandates and doesn't give us the resourses to pass them".

If the bill is passed, there would be a need for a start- up cost of $150,000. Also, P.E. class sizes would need to be smaller to ensure that each student gets a fair chance to pass the fitness test.

Supporters want to improve the fitness of the state's teenagers, but opponents ask what kind of fair test can measure how physically fit someone is?

Although no one can tell if the bill will be passed, it is a subject that students have different opinions on. " It would be cool if the P.E. teachers wanted us to have more fun and get more involved," said sophomore Heather VanDorien.

But other students disagree " It wouldn't be fun anymore, P.E. is my time to relax," said sophomore Marc Monteverde.

Vandals hit R.C.

Two teenagers believed to have stolen $1600 worth of school equipment

By Shalini Sumeshwar
Features Editor

Vandals painted grafitti and broke into R.C. over the weekend of September 28.

"Several areas were spray-painted, mostly with the White-supremist's logo, '88'," said principal Mr. Geivett . The date 4:20 was also a prominent part of the graffiti, representing Adolph Hitler's birthday.

Don't delay! Get your yearbook now!

Yearbooks will only be on sale for $40 until December, so get one now from Ms. Allan in Rm. 23, or from the bookkeeper.

Vandalism was not the only result of the break in. The vandals broke into Room 55, Mrs. McAllister's science room, and stole a t.v., v.c.r, microscope, radio, binoculars, and even her Altoids!

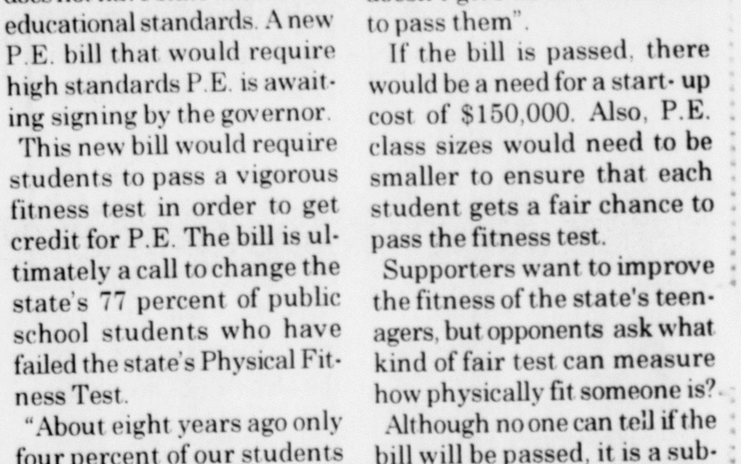
"The radio didn't even work!" said Mrs. McAllister. "It really is a shame that somebody would actually steal those types of things, considering how easily accessible they are." The estimated value of everything stolen was $1640.

At a time where River City is making such significant strides towards renovation, it is very disappointing to run into such an obstacle. As Mr. Geivett put it, "We're trying to do good, yet people are trying to set us back."

There was no evidence of force used to enter the rooms, which means the doors were either left open or the suspects had a key. Biology student, Nakhter Ahad exclaimed, "Why would someone want to steal such little things... from River City?"

Two teenage suspects have been identified and their names have been turned over to the police for further investigation.

A $200 reward is being offered to anyone who provides any additional information leading to the arrest and conviction of the perpetrators. Allan Bender Construction Company is providing the money for the reward, hoping to discover who damaged and stole some of their equipment. Information should be reported to a teacher or Mr. Geivett as soon as possible.

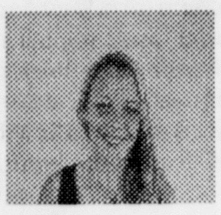


Pride Night Fun. *Parent Ms. DeMars and R.C. registrar Ms. West, assisted by D.J. West and Amanda Carriker, sold River City sweatshirts and t-shirts as a fundraiser for the Booster Club in the quad during the second annual Raider Pride Night on Wednesday, September 25. Parents, teachers and students worked together to make the event a big success, with special performances, displays, food, and lots of conversation and fun.*

Opinions

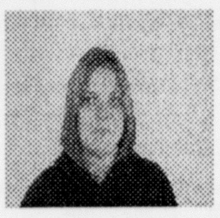
Question in the Quad

Besides dressing up in costumes, Halloween is a day where people tend to play pranks on one another. When asked, "What has been your worst Halloween prank you've ever played on someone?" here were a few responses.



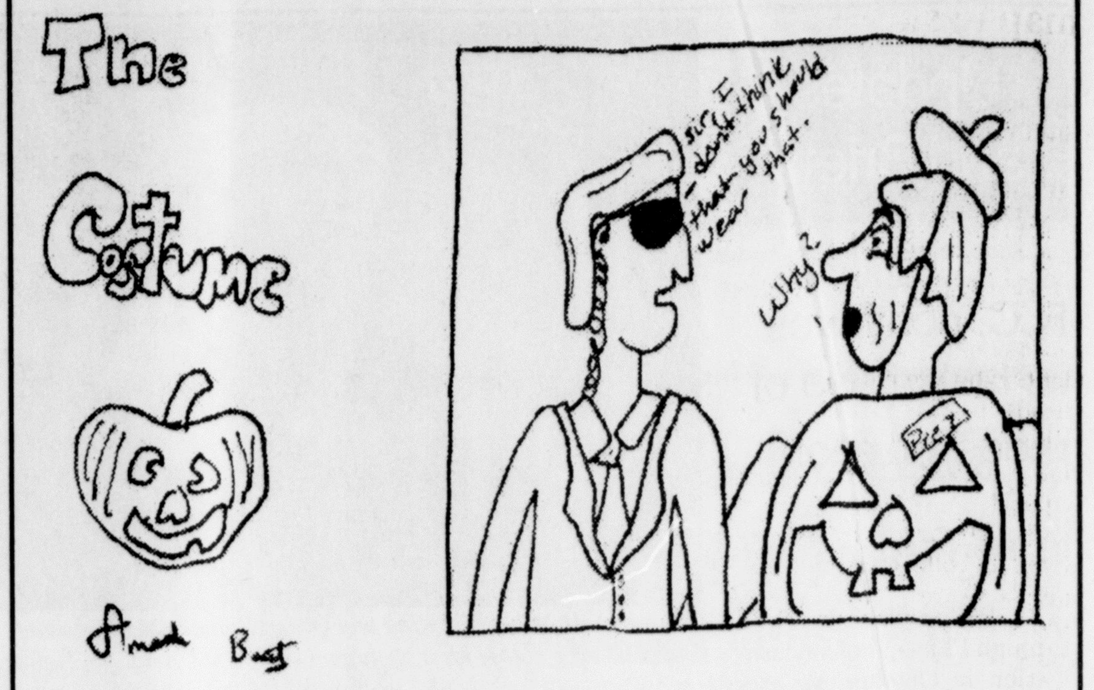
"On one night while I was trick or treating, I was feeling mischievous and wanted to play a joke on my friend, so I ate one of my candies, fell to the ground, grabbed my stomach, and acted like I had been poisoned. My friend flipped out!"
Rene Handy, Freshman

"One year while my friend's little sister went trick-or-treating, we stayed at his house. When his sister returned, without getting caught, we got into her candy. While she wasn't looking, we took the candy and ate it. After most of it was gone, we filled the empty candy wrappers with rotten food. Later on when his sister went to get a candy, she took a sniff and threw up."
Ryin MGrath, Sophomore



"I put fake blood and makeup on my face, and one of my friends screamed out to my aunt that I got hit with a car and that I was dead. My aunt panicked and when I peeked and saw the look on her face, I exploded with laughter."
Shari Bumus, Junior

"I stole most of my friend's candy one year. When he confronted me, I lied and told him that somebody else took his candy. He got so mad at 'the person who stole his candy' that he pounded him in his face and gave him a black eye. Till this very day, he still doesn't know that it was me who stole his candy!"
John Frank, Senior


The Costume
Amanda Bautz
sir I don't think that you should wear that.
why?
Meanwhile in a Cave in the Mid-East
Hey Saddam! wanna go and smash some pumpkins?
sure osama! why not?

The Review is River City High School's student newspaper. It appears monthly as a part of ***The News-Ledger***.

The Review's purpose is to inform the campus and community of events and issues that affect River City High School students.

The Review welcomes any comments or questions. Send all letters to ***The Review***, River City High School, 1100 Clarendon Street, West Sacramento, CA 95691.

Students interested in contributing to ***The Review*** may contact Ms. Allan, Room 13, at River City High School.

Anyone interestd in sponsoring ***The Review*** through advertisements may contact either Ms. Allan at the above address, or Steve Marschke at ***The News-Ledger***, 371-8030.

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The News-Ledger
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Dr. Jekyll and Mr. Geivett

A Halloween Tale from the Review

By Daniel Wilson
News Editor

I was given the assignment to interview Mr. Geivett on a variety of topics for the paper this month. I set up an appointment with him on a Friday after school in his office.

When I went to his office for the interview I found out that he is completely the opposite of a stereotypical principal. When I arrived at Mr. Geivett's office, I had the idea that he would be very professional. To my surprise I found something a little more disturbing. His tie was sitting on his desk along with his pants, shirt, jacket, and shoes. After seeing this I decided that Mr. Geivett was either running around somewhere naked or that he had changed his clothes. He was nowhere in sight and many of the people that ussually are in the office were missing as well. As I was waiting for Mr. Geivett's arrival, I heard a very loud version of Slipknot's "Wait and Bleed" come on. I figured it was just some student that was gracing the campus after hours for some reason. All of a sudden Mr. Geivett came skateboarding into the office with a red baseball hat on backwards, a pair of Ray-Ban sunglasses, and a huge JVC Tower of Power boom box in his hand. He was wearing a plain red shirt with the logo, "Skateboarding is not a crime" on it and he had on black pants that were badly sagging to the floor. I asked him what was going on, he replied, "Hey, school's out for the day and I can do what I want, dude!"

I looked at him kind of funny, startled at the whole scene. I thought to myself, "Who is this man and what did he do with the real Mr. Geivett?"

We sat down for our interview that started out as a focus on various school-related topics, but dramatically changed very quickly.

My first question was how do you think the students will respond after the soda machines are removed in 2004, and he replied, "How do I think the students will respond? How will I respond? I think everybody should be able to drink whatever they want including alcoholic beverages such as wine and beer, man. I would allow the soda machines to stay if it was up to me. But never mind that; ask me something a little cooler dude. I've got to go hang out with my home-boys so make this quick!"

I asked him what he felt about the hats issue and he said, "I wear my hat backwards everyday after school, but I wish I could do it during school hours, dude!"

My next question, which I was almost afraid to ask, was about modernization.

Mr. Geivett looked at me with a huge smile and said, "I can't wait until the crew gets done with the school, man because I've booked them to build a really awesome skate park in my backyard and they are going to come over and build it when they are done with the school! I am also planning a really phat party for the seniors at my house after graduation, it'll be the party of the millennium!"

After I had asked a few more questions, I decided that I needed to end the interview before I got any more information that I seriously did not want to know. Just as I was about to get up and leave, Mr. Metros and Mrs. Broxton walked in both wearing similar attire to that of Mr. Geivett's and they all had skateboards in their hands as well. Mrs. Broxton turned to Mr. Geivett and said, "Let's go, man it's getting late!" and Mr. Geivett replied, "I'm coming just as soon as I get this reporter to go away."

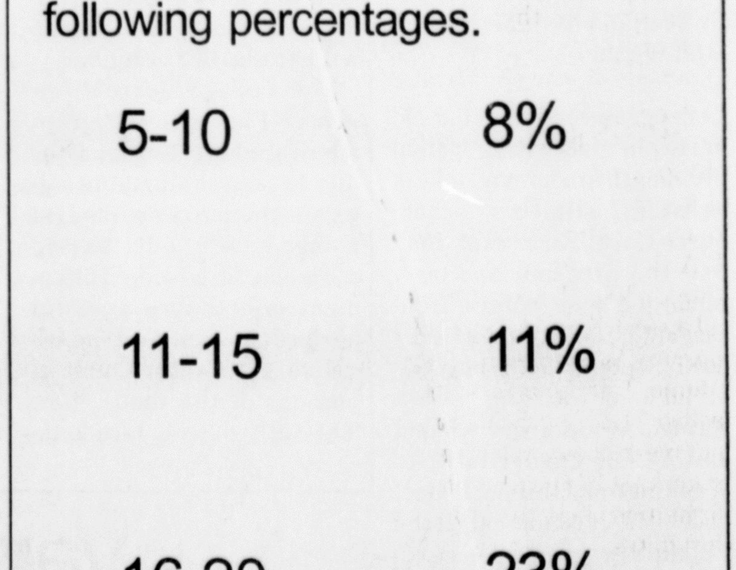
I had heard enough, so I left. Then out of the corner of my eye I saw the three members of the so-called River City administration skateboarding off and then I heard Mrs. Broxton say to Mr. Geivett, "This year's Halloween costume party is going to be so much fun!"

How old is too old to go trick-or-treating?

This month the Review polled 110 students to see what age they feel is too old to go door-to-door asking for candy.

Of the 110 freshman, sophomores, juniors and seniors who responded, we found the following percentages.

5-10	8%
11-15	11%
16-20	23%
21-25	17%



Features

E.A.O.P.: A road map to success

By Lucy Mendoza
Staff Writer

Would you like to get out of class once a month to talk about your future?

E.A.O.P. would do that for you. E.A.O.P (Early Academic Outreach Program) helps students who are educationally disadvantaged get into a U.C. college by giving them information on how to get financial support.

E.A.O.P. also prepare students for college entrance exams. Here are some things students who are interested should know:

· Sac City College is offering free SAT workshops for students who want to prepare for SATs and aren't able to pay

· Seniors who plan to attend a four-year college, see your counselor ASAP regarding college entrance exams

· See Ms. Clark if you want to join E.A.O.P. for more information

Every person who applies for and is eligible for the program will receive information on how toget financial help for college.

Freshman Heather Askew said, " I joined E.A.O.P. because it helps me know what colleges look for and it gives me information about financial aid and tests to prepare me for future exams."

Because the E.A.O.P. is a program promoted by UC Davis, it encourages students to go to U.C. colleges.

The percentage of students going to four-year colleges has been growing each year at River City High School.

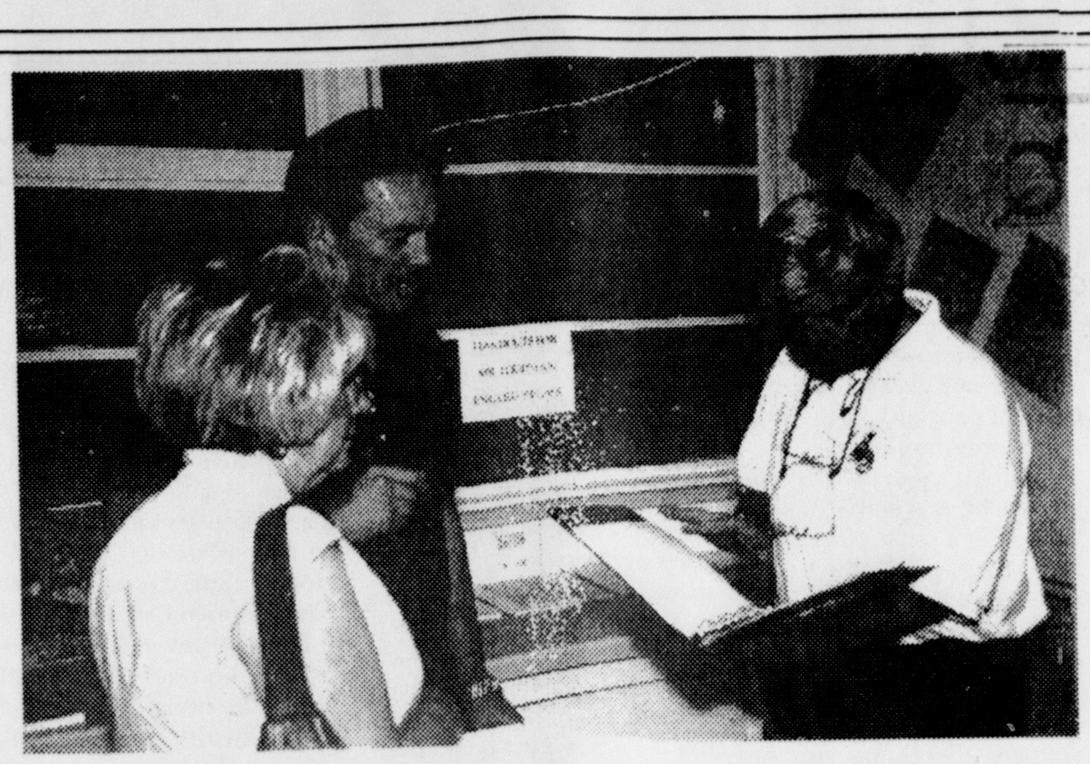
"E.A.O.P. gives students a road map for the future," said Ms. Clark.

In order to stay in E.A.O.P. after you're accepted, you must meet certain criteria to remain eligible for the program's services. E.A.O.P. provides many academic enrichment activities and personal one-to-one advising in an effort to make them eligible and competitive.

Students and teachers at R.C. think that E.A.O.P. is a great program to help students for the future.

Mr. Ferris, an English teacher who teaches some E.A.O.P. students, said, " I think it's good. Students need all direction they can get when it comes to college."

Junior Rita Andryushchenko added, " E.A.O.P. helps me find out more about college and financial aid. It provides the information about the upcoming test dates."



Mr. Podesta, our new English teacher at River City, displays a student's grade to their parents on Raider Pride Night in the English department classroom.

Write on: Veteran radio writer brings his expertise to River City

Marlena Brookins
Staff Writer

There are many new teachers at River City High School this year, and one of them is Bob, or should I say, Mr. Podesta. His deep brown eyes and humorous smile might remind you more of your dad or a favorite uncle than your teacher.

Although this is his first year at River City, Mr. Podesta moved to Sacramento about twenty years ago. Before he came to River City he traveled to many foreign places, such as Asia, and wrote a lot for various television shows. He worked many radio stations with his father, who passed away in September. And when he's not teaching short stories or the five-paragraph essay, Mr. Podesta works at the Disney Store in his spare time.

"I know how important writing is, and so I can teach writing within the structure of the English curriculum," said Mr. Podesta of his decision to teach at River City. He says he decided to teach here because he thought that this was a great school and that River City was in need of English teachers.

Mr. Podesta has been teaching on and off for about ten years. He likes teaching the 9th grade because he feels it is the most important in learning the basics of writing.

"If students can learn how to write in the 9th grade, they can carry that talent everywhere and succeed," he said.

Mr. Podesta plans on teaching here for the next ten years, which is also when he plans to retire.

When he thinks of the future, he sees us, the students.

"It is such a privilege to be part of your training and education...thinking that somehow I can bring what I've learned to you and that it might help you in the future."

Making it the B.E.S.T

Science-oriented club looks for new members and refines research project presentation for Chevron

By Daniel Wilson
News Editor

The Business Education Science Team (B.E.S.T.) is in session once again this year. The club meets in room 55 after school, on Wednesdays at 3:00 P.M.

Mrs. McAllister, the club advisor said, "My major goals this year are to improve the enrollment of our club and to improve our Swainson's hawk presentation."

During the year the club focuses on their Swainson's hawk project. They gather information in nests that they have posted, and this year are re-netting, by monitoring the living styles and the mating habits of the Swainson's hawk.

The data is then turned into a Microsoft Power Point presentation for their sponsors at Chevron. The project is done in order to study the habits of the Swainson's hawks so the sponsors can find ways to provide better living environments for the birds.

The club is currently scheduled to go on two field trips this year: The California Raptor Center, and the Cache Creek Nature Preserve. The B.E.S.T. club will also make an appearance at River City's leadership conference toward the end of the year, and a mathematics competition in which they will participate in some of the activities.

At the end of the school year they will have an awards ceremony for member.s

Mrs. McAllister said that the club needs more participants, so if you're interested in enrolling talk to her or one of the club officers.

The club officers are:
President, Mike Gardner (senior)

Vice President, Adriana Aleala (freshman)

Secretaries, Allison Heinz and Farzana Alemi (both sophomores),

Treasurer, James Jones (sophomore).

New & Improved

The superintendent speaks out about the district's new high school and teacher raises

By Daniel Wilson
News Editor

On October 9, the superintendent of the Washington Unified School District, Mr. Greenfeld, came to River City to discuss plans for the new high school that will be built in West Sacramento. The staff of The Review prepared questions for Mr. Greenfeld regarding a number of topics, but mainly focused on the details of the new high school.

We asked Mr. Greenfeld what the main reasons were for building a new school, and he replied that the main reason is the obvious overcrowding of this school. We all know that River City was built for about 900 students and this year there are about 1600 students in attendance.

"This is a great school for what it was built for," he said. The board has opted to build a new school rather than trying to fix our school because there is little expansion land and because River City is so old.

Mr. Greenfeld told us that the district's school board has not chosen an exact location for the new school chosen, but they plan to have it near the middle of the community. With the new Southport development, the middle of West Sacramento has also moved farther south, he explained.

"The biggest problem is trying to find the land," he said. The school board is hurrying to find available land because all the big contractors are rapidly buying land up in West Sacramento. Mr. Greenfeld estimates that they will need 45-50 acres in order to accommodate about 3,000 students.

"Educational research says that small schools are better than big schools," said the superintendent, adding that he hopes the school will be broken up into smaller segments, such as academies or villages.

Mr. Greenfeld told us that they hope to have the school completed in about five years and that the board is planning to make the new school a first class high school that will include a football field, swimming pool, gym, library, cafeteria etc. After it is built River City will more than likely become a middle school once again and the only high school (besides Yolo High School) will be the new one.

The estimated cost for the school is $60-70 million. We asked Mr. Greenfeld about the difficulties of getting bonds passed and the past failures with this issue here in West Sacramento. He told us that he does not think it will be difficult to get the bond passed because there are so many people in support of building of the new school and because only a 55% vote is now required to pass bonds.. He also said that the school board believes that getting test scores raised would also help to get the bond passed.

As far as improvements to River City, Mr. Greenfeld said that his biggest accomplishments since he became the superintendent one year ago, were moving the dumpsters away from the pool and football field and moving the big blue storage unit that used to be in the parking lot. He also mentioned that he could not take credit for the modernization of River City because the plans were already in effect when he became superintendent.

Another big topic that was discussed was testing. Mr. Greenfeld said that while the high school exit exam was in the early stages he supported it. He said that the exit exam was designed to test students on a basic standard. When asked if he felt the exit exam or the proficiency exams were better as far as their ability to test student knowledge he answered, "In my opinion the proficiency exams were better because they tested students to a higher standard."

Finally,we asked Mr. Greenfeld a number of questions about the issue of cost of living raises for teachers. W.T.A., the teachers' union is ucrrently at impasse in their negotiations with the school board. One student asked how the board would be able to build a new school and hire extra staff when they can't give current teachers raises.

"The funds are separate, and can't be used for operations, salries and benefits," he explained. He also said that the district is bringing in a third party to review the budget.

"If there is money for salary and benefits, I will do everything in my power to try and get it for them."

Boo for you!

French Club continues its Halloween tradition

By Ashley Coulombe
StaffWriter

The French Club began selling Boo Bundles out in the quad during both lunches on October 23 and they will continue until October 30. On Halloween, they will be delivered to the classrooms during fourth period. Boo Bundles are bags of candy sent to your friends, crushes, or favorite teachers with a message that you want on them. This tradition began thirteen years ago when the French Club wanted to try selling something new.

This year's Boo Bundles have Hershey's Miniatures, Tootsie Rolls, Jolly Ranchers, and Starbursts in them and cost $1.50. "Students should buy them to spread good cheer on campus," said club advisor Ms. Connoll. They only make about $15 profit, but to the members of the French Club, it's a kind of community service. French Club president Nayely Valdez stated, "Even though we don't make too much profit, it's a fun tradition."

Aside from selling Boo Bundles, the French classes have some other upcoming events. On November 13, the French students will be going to a French play, "Le Petit Prince." But the most exciting thing for French club is the possibility of going to Paris, France and Spain for two weeks next summer. To help support their efforts to go to Paris, students and staff can buy Boo Bundles, candy bars, donuts, or if possible, just donate money. If you do wish to donate money see Ms. Connolly in room 51.

Student of the Month

By Shalini Sumeshwar
Features Editor

Homecoming princess, dancer, honor roll member and more; these are all roles filled by September's Student of the Month, Jacklyn Fiddler.

Better known as "Jackie" to her teachers and friends, she is an incredibly level-headed junior. I have personally known her seven years, and am very proud to see the achievements she has made.

Besides juggling a solid 4.0 G.P.A. in her college-prep classes, Jackie has been dancing for 13 years. She is currently a part of the River City Dance Academy, training in jazz and tap.

She manages her time well, and advises others that success can be attained through having a plan.

"Being responsible and knowing your priorities are important if you want to succeed," she explained.

After knowing her for so many years, it is obvious to me why Jackie has been able to accomplish so much. She is one of the most noble and polite people that I have ever met. Senior Sean Young describes her as, "Different from the other girls. She is very unique."

One would think that she must have excellent role models to look up to, which is true, in a way. "Actually, everyone inspires me, in one way or another."

Keep up the hard work and effort, Jackie!

Teacher of the Month

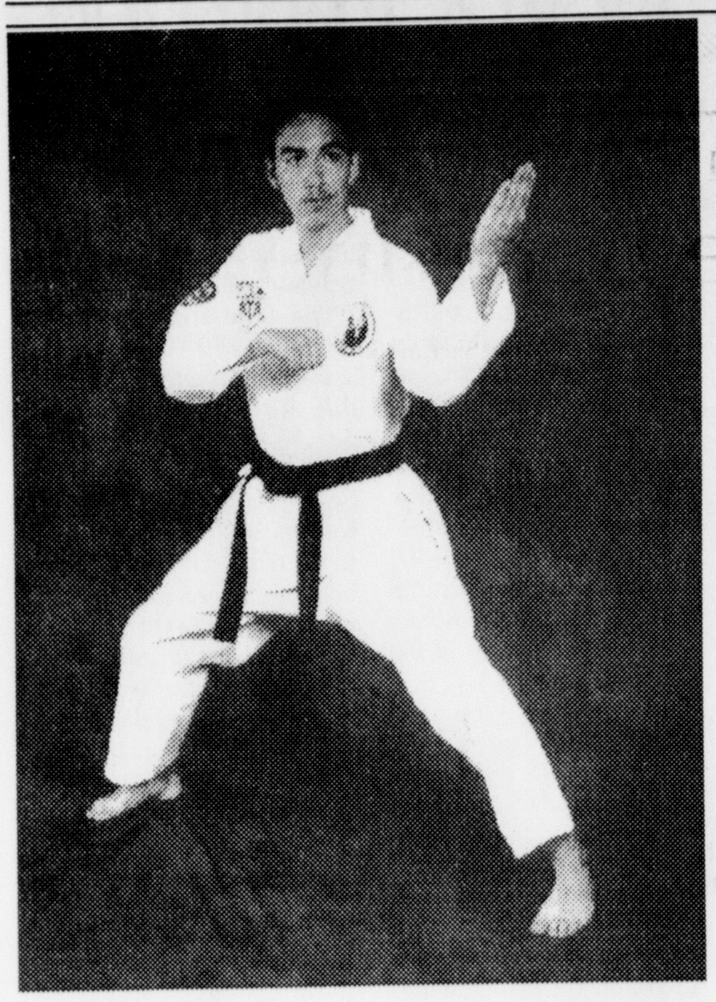
By Jenna Vest
Staff Writer

Mr. Coffin is reminds me of Fred Flintstone, from the cartoon the Flintstones. Fred Flintstone is a funny kind of outgoing guy. And so is Mr. Coffin.

Mr. Coffin teaches Pre-Algebra and Algebra A. He has been teaching for two years and this is his 3rd year. He graduated from U.C. Davis with a Bachelor of Science, and he is currently attending Sac State to get his Masters of Education.

Q: What is your favorite book and movie?
A: My favorite book is the Bible, and my favorite movie is "Spider man."
Q: What are your favorite activities? What do you do during your spare time?
A: I preach the gospel of Jesus Christ in the prisons.
Q: If you could go anywhere in the world were would you go?
A: I would do scuba diving on the Great Barrier Reef.
Q: What is the most interesting thing that happened to you?
A: The most interesting thing that's ever happen to me is receiving Jesus Christ as my Lord and Savior in 1989 at the age of thirty six years of age.
Q: What do you value in life?
A: I value God, my wife, my children, my job, and church in that order.
Q: What advice would you give to anyone?
A: My advice would be to serve God, work hard, and enjoy your free time. Spend your free time in quality with your family.

Sports & Activities



Leo Alatorre in the Tae-Kwon-Do "backstance" position.

Martial master

R.C. senior takes first at international meet

By Tara Shuster
Staff Writer

There are many sports at River City that mostly every one knows about: basketball, soccer, football, baseball, and many more. Then there are the ones that are more exotic, for example martial arts. When people think about martial arts, they may think about all the movies with Jackie Chan or Jet Li, or they might think about the television shows like Power Rangers or Ninja Turtles with all the "hiya's" and "kee-ya's". The truth is, martial arts aren't just limited to movies or t.v. There are even students at R.C. who participate martial arts. One such student is senior Leo Alatorre.

Alatorre has a black belt in Tae-Kwon-Do. This past summer, after years of preparation, Alatorre went to Little Rock, Arkansas, to compete in the ATA World Championship Tournament. At the tournament, Alatorre competed against 200 other black belts from Mexico, Canada, and other countries.

"There were so many competitors, it was difficult to get into the competition. It was almost like I was in a completely different country," Alatorre explained about the competition. These tournaments are divided into age and color of belt. Alatorre competed in the 17-29 year-old black belt division, in which he took first place.

Entering the final round, Alatorre said he was already exhausted because he had already competed three times that day, while his opponent only had two matches that day. When they entered the ring, they shook hands and the match began. "I just let him come at me. When he did, I kicked him in the head." Time seemed to pass quickly and one and a half minutes had gone by. Alatorre recognized he was running out of time. "I knew I had to do something, so when there was an opening, I took it and the match was over in a flash. I just laid on the floor afterwards in relief."

Alatorre felt a sense of accomplishment, and more, "When I won, I felt a sense of relief because there was so much pressure that was put on me. There were so many emotions, it's hard to explain."

Competitors entering these tournaments have to be well trained; it's not just fun and games. Alatorre spent five years training at the Begusman Tai-Kwon-Do School. It took him three years to earn his black belt, when actually it only takes most people two years to earn one.

"I wasn't ready for the belt," he explained. "I had an inner feeling that if I took the belt, I wouldn't do so well. I felt that if I waited, I would get better."

Meanwhile, his training at Begusman was rigorous.

"They wanted me to feel what it was like to be kicked, and actually kick someone. It's one of the hardest schools in the country, but it does have nine world champions. They don't let you slack there." Alatorre aspires to keep working hard because he has more in store for his Tae-Kwon-Do career. "I plan to win a championship this year and to keep training because I want to go to the Olympics. I want to win a gold metal."

Alatorre gives credit to the ever-so-famous Ninja Turtles, who inspired him to get involved into martial arts.

"I had seen them on television and wanted to do it. I began to go to classes and get involved in tournaments," he explained.

Alatorre credits martial arts with making him stronger mentally, physically, and for teaching him the meaning of hard work. "It's made my will power strong, it has given me perseverance."

The trouble with turnover

Long hours, poor facilities, and lack of pay help explain why R.C. lost nearly a third of its athletic department staff last year

By Manorma Umaria and Ivy Branaman
Sports Editor and Senior Writer

This sports year began with River City facing a nearly 33 percent turnover in its athletic department staff. The losses include varsity football coach Mr. McIntyre, wrestling coach Mr. Ferris, freshman girls basketball coach Beverly Enos, junior varsity girls basketball coach Mr. Shawn King, varsity girls basketball coach Mr. Jamie King, swim coach Ms. Leifson, a junior varsity off campus baseball coach, junior varsity softball coach Ms. King and Athletic Director Mr. West. This turnover has raised issues about coaching and River City athletics.

Despite modernization, these and other coaches agree that the facilities at River City are a major headache for coaches. Ms. Leifson says the swimming pool at River City is too shallow to allow the use of diving blocks for proper practice technique. This 12-year coaching veteran adds that parents have to sit or stand on the grass to watch their children play because there are no bleachers out in the field.

Mr. McIntyre, who was head coach of River City's varsity football team for six years, resigned his position at River City and is now teaching and coaching at Sheldon High School. He says that facilities are not a problem at Sheldon, as with many other high schools. "There's more facilities here [at Sheldon], two gyms," Mr. McIntyre said.

Mr. Ferris, who coached wrestling for five years at River City agrees. "We just need better facilities. I don't think it's anything to be done from an administration level. It's too much to ask of the school to have those facilities. We've outgrown the school. The booster club helped us buy a wrestling mat and woodshop built something to hold it, but it was ripped out during modernization. Now there's no facility to hold it," lamented Ferris.

Ms. Leifson says it's basically a financial issue. "We need money that we just don't have," she said.

The Review asked Mrs. Tyler, who coached varsity softball for twenty years, taking a state title one year and section titles three others, to give her perspective on the faciltities problem. She says that there have always been problems with the facilities, well before modernization "Coaches have to share facilities," she said, explaining that winter is a particularly bad season because one gym has to accommodate six basketball teams.

Another issue contributing to the turnover of coaches is the lack of compensation. Some coaches feel that the money they earn for coaching is not enough. On average, each coach makes about $1,100 extra a year for their work as a coach. Coaching is a time consuming commitment. Coaching and regular teaching duties end up taking about 16 to 18 hours a day, including preparing for and teaching classes, team practices and games, and raising money for uniforms, equipment or other necessary items.

"It takes a huge toll on your family. I was spending more time with my softball players on the field than I was spending with my daughter at home," said Ms. King. Mr. Ferris said he resigned his position as head coach of River City's wrestling team because coaching took up so much of his time. In addition to his regular teaching duties and his coaching, he was also working for BTSA, a program that mentors new teachers for four to five months a year. Instead of coaching at RC, Mr. Ferris will coach wrestling at Golden State, where the season is shorter and the commitment is less demanding.

Mr. West, who resigned his position as R.C.'s Athletic Director last year, explained that being the Athletic Director position is also time consuming and he wanted to spend more time with his family. He has two children who play basketball for River City and he would like to attend their games this year.

"The scope of the position has changed throughout the years," he explained. At R.C., the Athletic Director now spends more time dealing with parents and players for example, whereas in the past they typically just managed the legistics of programming and staffing. Mr. West has coached boy's varsity basketball for fourteen years and does plan to continue coaching.

In addition to long hours with minimal compensation, coaches also raised the issue of parental involvement. "Parents sometimes want to control the coaches and make decisions for them. High school sports are different from recreational, especially varsity," remarked Ms. Tyler. Other coaches note that playing time is often an issue for parents, regardless of whether or not their child deserves the playing time. Still others, however, lament about the lack of parental involvement. "There's very little parental support or dedication to the sport," said Ms. King, who, like other coaches, frequently needed to pick up or drop off students to and from practices and games.

Students, however, are also guilty of a lack of involvement and support. "The last ten years the dedication of students isn't as strong as in the past. They don't want to practice hard. They think they can be all stars without practicing," said Ms. Tyler. Mr. McIntyre also noted a difference between students at River City and students at Sheldon. "Students are excited to show up at practice [at Sheldon]." Other coaches, who have left R.C. to coach elsewhere, also say that there is a greater level of commitment from students who tend to be single-sport athletes and commit themselves year-round. At River City, many students play several sports or only give time to one sport during that particular season.

Coaching, however, is still a rewarding experience. "I enjoyed the kids," said Mr. McIntyre, while Mr. Ferris also said he enjoys the relationships created with their athletes.

Besides being rewarding, coaches are important to students and the school.

Mr. Ferris remarked, "Coaches aren't just coaches, they're teachers in a different classroom. A lot of people don't understand how important coaching is. Athletics affect high school students more than anything, especially in the population we're serving where there's a lot of single parents and students without strong male or female role models."

Unfortunately, the conditions that R.C. coaches work under are not getting any better. As a result, teams and players will obviously suffer from a new coach's lack of experience. They may also not be able to reach their full potential without coaches who bring their years of experience and knowledge to a team. Perhaps when the new high school is built, changes will be made in the athletic department to retain coaches, so the school does not lose so many of these important people. In the meantime, River City students and staff are trying to work with what they have, to improve the athletic program of the school.

R.C. Scoreboard

Current league records provided to the Review as of presstime.

Varsity Football	4-2
J.V. Football	2-2
Frosh Football	1-3
Frosh V-ball	4-7
J.V. V-Ball	2-2
Varsity V-ball	0-12
Boys J.V. Soccer	5-6
Boys V. Soccer	6-6

Volleyball updates

Freshman volleyball team beats last year's record

By Tiffany Pina
Staff writer

Freshmen volleyball is off to a good start by winning more games at the start of their season than they did last year all season.

Last year's team won only three games out of the whole season. Currently they hold a 4-7 record.

One big difference between this year's team and last year's are the attitudes and dedication of the girls.

"When it comes down to it the team is made out of good kids who want to play volleyball," says coach Ms. Hatz.

Even with their wins, the girls have faced some challenging teams. The most challenging was Rio Linda. Rio Linda has all-around good players good setters and servers. Rio Linda, like other schools in the area, also has the advantage of having a year-round team, so athletes improve during the breaks between seasons and during the rest of the year.

Coach Hatz says that if the team can clean up their fundamentals and work together better, they will make more the plays and continue to win more games.

Young J.V. team still struggling for first win

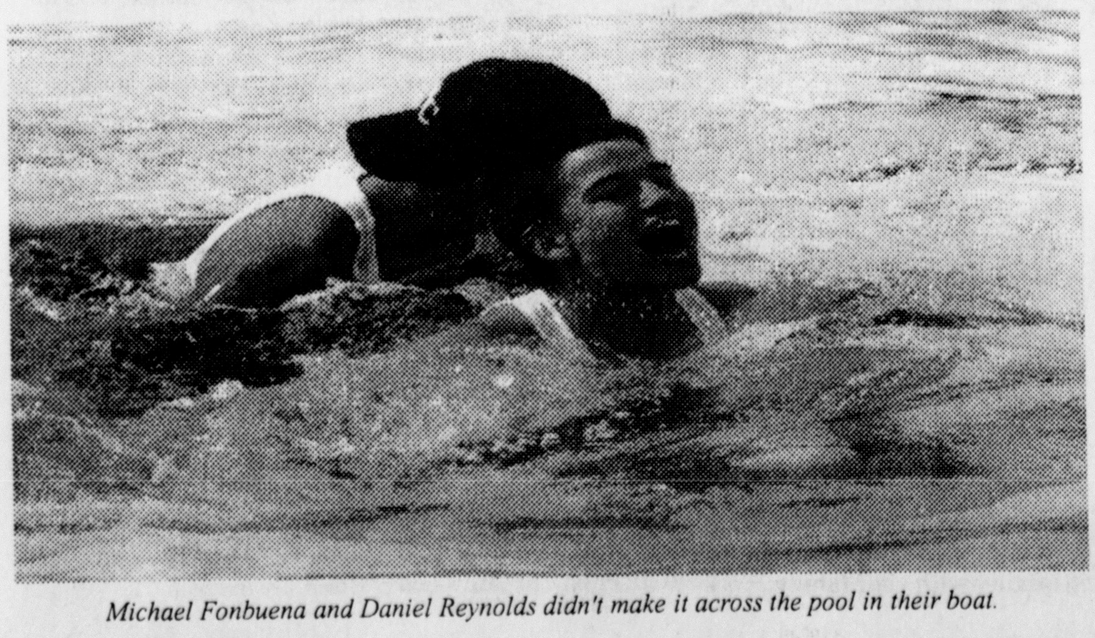
Although the junior varsity volleyball team has a record of 0-12, they still believe in themselves and are keeping high spirits. The team is coming along great," says the volleyball coach Ms. Koester.

The J.V. team has made huge advancements even though they are such a young, inexperienced team. They are made up of only four freshman and four sophomore players.

To try and overcome this obstacle, the team practices two times a week, for two and a half hours.

In the meantime, "Just one win" is what's in everyone's head before a game. The teams sets specific goals before every game. "Our goals are helping us get closer to a win every time," said player Summer Petree. The team may have the heart to win, but have yet to fully succeed.

Got a good story? Tell us about it. Contact Ms. Allan in Rm. 23 or any Review staffer.



Michael Fonbuena and Daniel Reynolds didn't make it across the pool in their boat.

Physics Students Compete in Boat Races

By Svetlana Avramenko
Staff Writer

With the band playing, people cheering, and contestants madly preparing their boats, the pool area was full of excitement for the annual cardboard boat race Thursday September 27. Students from Ms. Hines' physics class were the contestants, and many students and faculty attended to urge them on. Their boats were made out of cardboard, duct tape and cellophane. The students supposed to get across the 4-ft deep pool in their inventions. Some furiously got to the other side of the pool as fast as possible. Others didn't even get to the middle. Many of the racers got wet because they flipped over in their boats. Many of the boats tipped over or ripped apart after soaking in the water.

At the end of the game these teams won: Amanda LeCureux and Priya Kumar for 1st place (1:27). Russell O'Brien, Andrew Harris and Samantha Lee placed second (1:35). Finally, Igor Slabosnitskiy and Alex Lopuga won third place (3:03). Ms. Hines said, "It is the best learning experience, because you are laughing at your own mistakes."

OPINION

Letters to the Editor

EDITOR'S NOTE: For the past few weeks, the News-Ledger has hosted a vigorous, wide-ranging discussion of local political issues on our "letters to the editor" page as West Sacramento approaches next Tuesday's vote at the ballot box.

But the newspaper's published, longstanding policy is that we do not accept either opinion submissions or advertising submissions in the final issue before an election if those letters or ads contain negative claims about anyone or anything on that ballot. This policy is part of an attempt to avoid becoming part of any political campaign's last-minute 'mudslinging' efforts. The targets of such last-minute attacks are not given a fair chance to respond to false or unfair charges and allegations.

Some of the letters received by the newspaper this week have been edited for content in connection with this policy. Others have been edited for length, due to unusual space constrictions anticipated in today's newspaper.

One political ad was also rejected due to negative content.

Thank you for your patience with this policy.

In support of Measure L

On Tuesday, November 5, registered voters in West Sacramento will be asked to vote on several items. It is important to our community that all eligible residents get out and vote for some of the most important issues facing this area in many years.

For the best and most good for our community and our younger generations, I vigorously ask you to join me in voting "yes" on Measure L. We have to clean out the dead wood and become receptive to present conditions. Any industry or commercial activity should sink or swim on its own merits, whether governmental or private.

MICHAEL P. GARTEN
West Sacramento

We already have a premier city

I have lived in West Sacramento since 1986, when the area became the 444th city in California. That was a great time and an honor for the people who lived here then. Many people worked very hard and diligently to make that happen. The vision of creating a "premier" city has blossomed into a city with a diverse community working together as a family.

We have a city that maintains an inventory of many community services, with a full array of wholesale and retail offerings. Add to that religious, educational and recreational services and facilities, and you have a city with variety and a full inventory.

Our town is at the crossroads of California. Featuring its own deepwater port, two interstate highways, major orth/south and east/west rail lines and a commercial airport nearby, West Sacramento is well connected to the Pacific Rim and the rest of the nation. And just a literal stone's throw away is downtown Sacramento, the seat of the government for the 5th largest economy in the world. Being a part of the Greater Sacramento community, we're on everyone's list as one of the fastest growing and most liveable areas in the country.

West Sacramento is a master-planned, affordable new home community. We are located in proximity to the University of California at Davis, California State University and we have Sacramento City College Adult Education offered here. We sport an educated and skilled, regional workforce. We offer a Foreign Trade Zone and a California Enterprise Zone; both of which provide tax incentives to local business. There are no utility taxes in West Sacramento and a business license is only $20.

The regional U.S. Post Office is located here and we have a UPS distribution hub. Raley's/Bel Air headquarters is located in West Sacramento and we have numerous fine companies located here. We have attorneys, accountants, doctors, dentists, chiropractors, a veterinary hospital, publishers, plumbers, builders, retailers and wholesalers. Also, we are the home of the Sacramento River Cats and have numerous parks and recreational areas.

My point is that West Sacramento is a great community with a small town character and a place to work, shop, worship, learn, live and play. Those who care about that need to consider voting "no" on Measure L.

ELAINE D. ROBERTS

In support of Measure L

There were numerous open meetings held to outline Measure L that were attended by a wide spectrum of city residents. At those meetings anyone who wanted to put in his two cents was heard, including many port employees, union people and even the port director, John Sulpizio, who spoke at length several times. There were never any secret meetings and the final petition was signed by over 3,500 registered West Sacramento voters in a space of only ten days, which qualified it for the November 5 ballot.

I fully support and urge everyone to vote for Measure L.

JEFF MORAES
West Sacramento

News-Ledger Editorial

Measure L, casino

So how do you decide which way to vote on something as contentious as Measure L, which hopes to reduce development of at least some kinds of industry in new areas of West Sacramento?

The first thing to do is to ignore all the claims you here from political campaigns, and ignore the personalities involved in the fight. Read the initiative yourself. Then judge, based on the recent performance of the city and the Port of Sacramento, whether change in industrial policy is needed. Then decide whether this intiative could provide that change – would West Sacramento be better off or worse off if Measure L passes?

A reading of the initiative shows that it includes enough flexibility to be generally effective. Right now, a little too much revolution is probably better than a little too little revolution. A vote for Measure L would do more good than harm.

There will be more to say here, and in the entire city, on the issues involved in Measure L – both if the measure passes and (especially) if it does not.

■■■

Do you care about the proposed Indian gaming casino on the drawing board for West Sacramento?

If so, don't leave town for awhile. West Sacramento's city council is contentiously debating issues involving the casino in the closed-door part of council meetings. Look for the issue to become an "open session" item soon – possibly before a new council is seated in January following the election.

Key to the debate right now are the terms of an agreement between the city and the Upper Lake Pomo band over which services the city would supply to the future casino and resort, and how much the city would be compensated for those services. The agreement will only become meaningful if the tribe wins its battle, at a state and federal level, to turn acreage near Reed Avenue and I-80 into "sovereign" territory.

The debates surrounding the casino get more complicated when you consider other outside parties which have become involved in West Sacramento's casino question. Among those outside interests are labor unions who want to build the complex, and nearby California tribes who don't want competition for a West Sacramento casino, for example.

■■■

In support of Kevin Jones

We recommend Kevin Jones for the W.U.S.D. Board of Education. Kevin, a middle school teacher, has had experience in curriculum development, facilities planning and design, and collective bargaining. His expertise in these areas will help provide guidance in attaining the goals for the future of the ever-increasing enrollment in the school district.

We have known Kevin and his family for many years. His mother, Judy Turner Jones, graduated from James Marshall High School. Betty Sokolich, a local artist and retired teacher, is his grandmother. We are confident that Kevin will make a fine school board member and we urge everyone to join us in voting for him.

PHILIP & MARGARET CRAWFORD
West Sacramento

Against Measure L

I'm a double homeowner and longtime resident of West Sacramento. Both of my homes are in West Sacramento. I love this city and plan on spending the rest of my life here. I'm 100 percent against Measure L. Please vote "no" on Measure L.

JERRY HARRIS, SR.
West Sacramento

All in this together

Does anybody else wonder why there is such debate and division over this Measure L issue? It seems some people are downright angry at us people who live south of the port. Where do we get off trying to make our city a better place to live? The nerve. I believe there's people out there who would deny us our right to even fight this fight.

Please see LETTERS, page 11

Statement of Abandonment of Use of Fictitious Business Name

The following person has abandoned the use of the Fictitious Business Name Kamon Japanese Restaurant, located at 129 E Street, Suite D-1, Davis CA 95616.

The fictitious business name referred to above was filed in Yolo County on Nov. 28, 2000.

Hitomi Phan, 413 Grande Ave., Davis CA 95616.

This business was conducted by Husband and Wife.

/s/Phuong Van Phan
/s/Hitomi Phan
Oct 16 23 30 Nov 6

Fictitious Business Name Statement Filed Oct 18, 2002 File No. 2002-825

The following person is doing business as Horizon Properties, 1200 Triangle Ct., W. Sacramento CA 95605.

Patrick Shurnas and Debbie Shurnas, 8466 Pleasants Valley Rd., Winters CA 95674.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on .

/s/Patrick and Debbie Shurnas

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Oct 18, 2002
by: /s/Ava Woodard, Deputy Clerk
Oct 23 30 Nov 6 130

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANNA V. SILVA, also known as ANNA SILVA CASE NUMBER PB02-266

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of Anna V. Silva, also known as Anna Silva and Anna Veronica Silva:

A PETITION FOR PROBATE has been filed by Rosemary Abreu in the Superior Court of Yolo, County of Yolo.

THE PETITION FOR PROBATE requests that Rosemary Abreu be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on Nov. 20, 2002, at 8:30 a.m. at Dept. 5 at Yolo County Superior Court, 725 Court St., Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a "Request for Special Notice" (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A "Request for Special Notice" form is available from the court clerk.

Attorney for Petitioner:
/s/Jeanette M. Salkin, Esq.
3406 American River Dr., Ste. C
Sacramento CA 95864
(916) 483-2780
Oct 30 Nov 6 13 file

PUBLIC HEARING NOTICE

The West Sacramento City Council will conduct a public hearing on November 13, 2002 at 7:00 PM or as soon thereafter as possible on the following. The hearing will be held at city hall, 1350 Halyard Drive, West Sacramento. Interested persons are invited to attend. In compliance with the ADA, if you need assistance to participate in this meeting, you should contact the City Clerk at 373-5800. Notification 72 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting. City hall is handicapped accessible.

1. Community Development Block Grant Program Enterprise Loan Program Closeout West Sacramento Business Loan Fund. To solicit comments in order to consider the final closeout of the 1998 loan program. The purpose of the CDBG program used to fund this loan fund is to create community economic opportunity for low- and moderate-income persons. Upon the close of the public hearing, the City Council will decide whether or not to approve for submission to the State of California Department of Housing and Community Development. Persons interested should appear at the above public hearing to make their comments known. Persons who are unable to attend may direct their written comments to George Cleveland, Economic Development Specialist I, City of West Sacramento Redevelopment Agency, 1350 Halyard Drive, West Sacramento, CA, 95691. Written comments must be received no later than 5:00 PM November 11,2002. In addition, information on the Business Loan Fund program can be obtained at the above address between the hours of 8:00 AM and 5:00 PM on weekdays, or you may telephone 916-373-5843. The City of West Sacramento does not discriminate in housing or employment on the basis of race, religion, sex, age, national origin, disability, or handicap.

Oct 30

Fictitious Business Name Statement Filed Sep 6, 2002 File No. 2002-729

The following person is doing business as A.T.D.S.; Automatic Transmissions & Differential Services, 38520 Kentucky Ave., Woodland CA 95695:

James H. Windsor and Dianna L. Windsor, same address as above.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on 7/8/02.

/s/James H. Windsor

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Sep 6, 2002
by: /s/Kimberley Weisenburg, Deputy Clerk
Oct 16 23 30 Nov 6

Fictitious Business Name Statement Filed Oct 4, 2002 File No. 2002-806

The following person is doing business as Forever Yours Flowers & Gifts, 1520 Merkley Ave., West Sacramento CA 95691:

Denise Stevens, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 1993.

/s/Denise Stevens

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal. there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date: Sep 23, 2002
by: /s/Josie Ramirez, Deputy Clerk
Oct 16 23 30 Nov 6

Fictitious Business Name Statement Filed Sep 23, 2002 File No. 2002-766

The following person is doing business as Hernandez Landscape & Maintenance, 603 Glide Ave. #18, West Sacramento CA 95691:

Juan A. Hernandez, same address.

This business is conducted by an Individual.

The registrant commenced to transact business under the fictitious business name or names listed above on 9-13-02.

/s/Juan A. Hernandez

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date:Oct. 14, 2002
by: /s/Vikki Wittig, Deputy Clerk
Oct 16 23 30 Nov 6

Fictitious Business Name Statement Filed Oct. 14, 2002 File No. 2002-840

The following person is doing business as Woodland Memorial Hospital; Woodland Healthcare, 1325 Cottonwood St., Woodland CA 95695:

Catholic Healthcare West, 10540 White Rock Road, Rancho Cordova, CA 95670.

This business is conducted by a Corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on 12/31/01.

/s/William J. Hunt

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Tony Bernhard, County Clerk
Date:Oct. 14, 2002
by: /s/Vikki Wittig, Deputy Clerk
Oct 16 23 30 Nov 6

NOTICE OF TRUSTEE'S SALE
Trustee Sale No. 905373 Loan No. 0806427549 Title Order No. 71001137

YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED JUNE 26, 1987. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

On November 12, 2002 at 12:00 Noon, California Reconveyance Company as the duly appointed Trustee under and pursuant to Deed of Trust Recorded June 30, 1987, Book 1871, Page 33, Instrument 015699, of official records in the Office of the Recorder of Yolo County, California, executed by: Thomas E. Craven, an unmarried man, as Trustor, Great Western Savings, A Federal Savings and Loan Association, as Beneficiary, will sell at public auction sale to the highest bidder for cash, cashier's check drawn by a state or national bank, a cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state. Sale will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to the Deed of Trust. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, interest thereon, estimated fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.
Place of Sale: At the main entrance to the City Hall, 1350 Halyard Drive, West Sacramento, CA Legal Description: As more fully described on said Deed of Trust Amount of unpaid balance and other charges: $21,097.11 (estimated). Street address and other common designation of the real property: 948 Oak Street West Sacramento, CA 95605 APN Number: 014-471-04-1
The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The property heretofore described is being sold "as is".
Date: October 18, 2002
California Reconveyance Company, as Trustee (916) 387-7728 or (714) 573-1965 Deborah Brignac, Vice President
California Reconveyance Company is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose.
905373
10/23/02, 10/30/02, 11/06/02
CNS- 457480#
NEWS-LEDGER

PUZZLES & COMICS

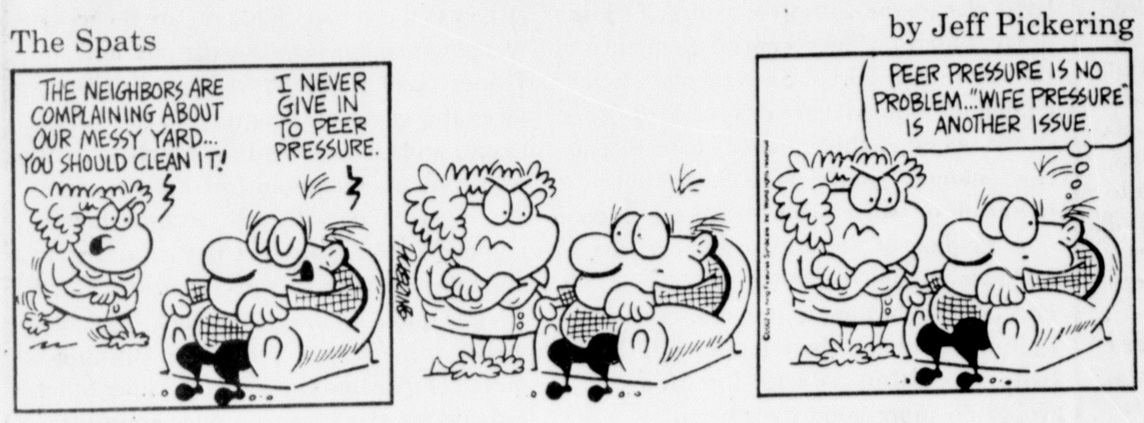
Got a Life

by Terri Davis

Morning...wanna fool around?
Wait! I've got major dragon breath.
Let me brush my teeth. (BRUSH SWISH GARGLE SPIT!) Yuck! That's a lot of plaque.
Oh, ewww, is that a zit?? Hang on, I've got to take care of this. OUCH!!
Okay...am I fresh enough for you?
Like an ice cold shower.

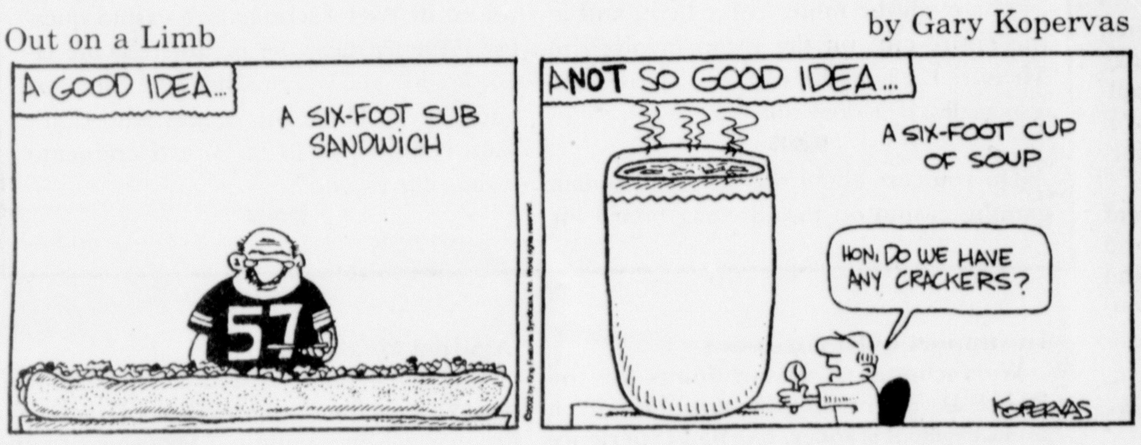
The Spats

by Jeff Pickering


THE NEIGHBORS ARE COMPLAINING ABOUT OUR MESSY YARD... YOU SHOULD CLEAN IT!
I NEVER GIVE IN TO PEER PRESSURE.
PEER PRESSURE IS NO PROBLEM..."WIFE PRESSURE" IS ANOTHER ISSUE.

Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland

I'VE DECIDED TO TAKE UP MY SISTER'S OFFER AND SPEND THE WINTER IN FLORIDA.
WOW. LAST I KNEW YOU TWO WEREN'T ON SPEAKIN' TERMS!
SHE SAID SOMETHIN' THAT MENDED OUR RIFT.
WHAT'D SHE SAY?!
"86 DEGREES WITH A WATER TEMP OF 70!"

POPEYE
Hey EISMAN
MORNIN' OLIVE!
SEE THAT?
...SHE JEST SNUBS ME
WOULDN'T YOU LIKE TO BE MARRIED SOMEDAY, BRUTUS...?
...OBVIOUSLY YOU CAN'T GET OLIVE!
IF IT AIN'T GONNA BE OLIVE...
...SHE'D HAVE TA BE MY IDEAL...
...A GAL WHO COULD RASSLE A GRIZZLY...
...RIDE A HAWG...
...KNOCK BACK TWO SIX-PACKS...
...BEND A TIRE IRON INTO A PRETZEL...
...AN' YET BE A SWEETIE... A REAL LADY
IT WOULD BE DIFFICULT TO FIND A WOMAN LIKE THAT, BRUTUS!
I KNOW...
...THEY DON'T MAKE 'EM LIKE ME MAW ANYMORE!

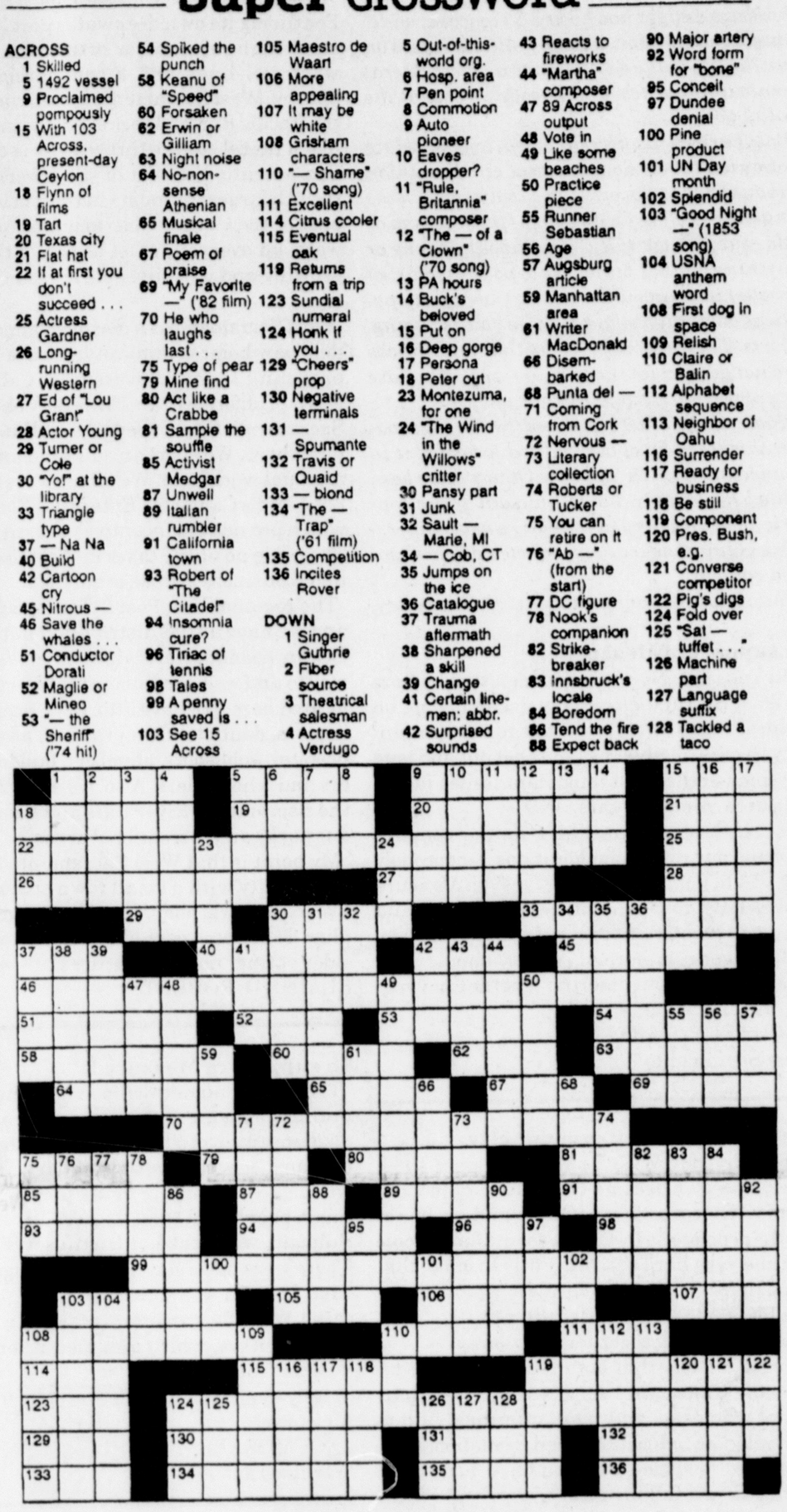
ALANIA... FORMERLY KNOWN AS MINGO CITY!
ONCE THE CENTER OF MING THE MERCILESS' EMPIRE.
NOW THE CAPITAL OF THE UNITED REPUBLICS OF MONGO.
FRIGIA
SEA OF MYSTERY
LAND OF THE LION MEN
SKY CITY OF THE HAWKMEN
FORTRESS OF GARAKANN
ALANIA
TORNED
SYK
TROPICA
FORTRESS OF GUNDAR
UNDERWATER KINGDOM OF CORALIA
ARBORIA
VOLCANIA
GREAT MONGO DESERT
FLASH GORDON
By JIM KEEFE
www.keefestudios.com
WITH KING BARIN PRESIDING, A SELECT COUNCIL OF THE U.R.M.* WORKS LATE INTO THE NIGHT.
GENTLEMEN, I THOUGHT YOU MIGHT BE IN NEED OF SOME REFRESHMENTS.
A QUEEN WHO ALSO WAITS TABLES?! I ENVY YOU, BARIN!
HA HA HA HA HA
WHAT CAN I SAY? AURA HAS... ALWAYS BEEN FULL OF SURPRISES.
I KNOW HOW HARD YOU'VE BEEN WORKING. SO DRINK UP, ALL OF YOU. YOU DESERVE IT.
IT SEEMS AURA IS EXTENDING THE PEACE PIPE. YOU SHOULD GO TO HER...
TRY TO PATCH THINGS UP.
I WILL GO... RIGHT AFTER WE'VE FINISHED UP WITH BUSINE...
HOF
YOU'VE NOTICED THE TENSION THEN.
I GUESS IT'S NO SECRET.
KRASH
TO BE CONTINUED
*UNITED REPUBLICS OF MONGO

Super Crossword

COMPLETE THE THOUGHT

ACROSS
1 Skilled
5 1492 vessel
9 Proclaimed pompously
15 With 103 Across, present-day Ceylon
18 Flynn of films
19 Tart
20 Texas city
21 Flat hat
22 If at first you don't succeed . . .
25 Actress Gardner
26 Long-running Western
27 Ed of "Lou Grant"
28 Actor Young
29 Turner or Cole
30 "Yo!" at the library
33 Triangle type
37 — Na Na
40 Build
42 Cartoon cry
45 Nitrous —
46 Save the whales . . .
51 Conductor Dorati
52 Maglie or Mineo
53 "— the Sheriff" ('74 hit)
54 Spiked the punch
58 Keanu of "Speed"
60 Forsaken
62 Erwin or Gilliam
63 Night noise
64 No-non-sense Athenian
65 Musical finale
67 Poem of praise
69 "My Favorite —" ('82 film)
70 He who laughs last . . .
75 Type of pear
79 Mine find
80 Act like a Crabbe
81 Sample the souffle
85 Activist Medgar
87 Unwell
89 Italian rumbler
91 California town
93 Robert of "The Citadel"
94 Insomnia cure?
96 Tiriac of tennis
98 Tales
99 A penny saved is . . .
103 See 15 Across
105 Maestro de Waart
106 More appealing
107 It may be white
108 Grisham characters
110 "— Shame" ('70 song)
111 Excellent
114 Citrus cooler
115 Eventual oak
119 Returns from a trip
123 Sundial numeral
124 Honk if you . . .
129 "Cheers" prop
130 Negative terminals
131 — Spumante
132 Travis or Quaid
133 — blond
134 "The — Trap" ('61 film)
135 Competition
136 Incites Rover

DOWN
1 Singer Guthrie
2 Fiber source
3 Theatrical salesman
4 Actress Verdugo
5 Out-of-this-world org.
6 Hosp. area
7 Pen point
8 Commotion
9 Auto pioneer
10 Eaves dropper?
11 "Rule, Britannia" composer
12 "The — of a Clown" ('70 song)
13 PA hours
14 Buck's beloved
15 Put on
16 Deep gorge
17 Persona
18 Peter out
23 Montezuma, for one
24 "The Wind in the Willows" critter
30 Pansy part
31 Junk
32 Sault — Marie, MI
34 — Cob, CT
35 Jumps on the ice
36 Catalogue
37 Trauma aftermath
38 Sharpened a skill
39 Change
41 Certain lineman: abbr.
42 Surprised sounds
43 Reacts to fireworks
44 "Martha" composer
47 89 Across output
48 Vote in
49 Like some beaches
50 Practice piece
55 Runner Sebastian
56 Age
57 Augsburg article
59 Manhattan area
61 Writer MacDonald
66 Disembarked
68 Punta del —
71 Coming from Cork
72 Nervous —
73 Literary collection
74 Roberts or Tucker
75 You can retire on it
76 "Ab —" (from the start)
77 DC figure
78 Nook's companion
82 Strike-breaker
83 Innsbruck's locale
84 Boredom
86 Tend the fire
88 Expect back
90 Major artery
92 Word form for "bone"
95 Conceit
97 Dundee denial
100 Pine product
101 UN Day month
102 Splendid
103 "Good Night —" (1853 song)
104 USNA anthem word
108 First dog in space
109 Relish
110 Claire or Balin
112 Alphabet sequence
113 Neighbor of Oahu
116 Surrender
117 Ready for business
118 Be still
119 Component
120 Pres. Bush, e.g.
121 Converse competitor
122 Pig's digs
124 Fold over
125 "Sat — tuffet . . ."
126 Machine part
127 Language suffix
128 Tackled a taco



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Please see answers on back page

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

challenger®

THE INTERNATIONAL CROSSNUMBER GAME

By L. Conn Maneker

DIRECTIONS
Fill each square with a number, one through nine
- Horizontal squares should add to totals on right
- Vertical squares should add to totals on bottom
- Diagonal squares through center should add to total in upper and lower right

THERE MAY BE MORE THAN ONE SOLUTION

Today's Challenge
Time 1 Minutes 9 Seconds
Your Working Time Minutes Seconds

5				5
			2	18
	2			14
		2		21
16	23	21	9	16
				27

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Wishing Well®

5	8	4	7	2	5	3	6	5	8	7	2	3
S	R	S	A	S	E	B	T	E	E	G	E	E
4	2	6	5	7	3	4	3	7	3	5	6	3
T	E	R	K	I	C	A	O	F	N	M	Y	S
6	2	6	4	8	3	8	2	6	4	7	3	7
H	K	A	B	T	I	U	K	R	L	T	D	A
2	6	4	7	8	4	8	5	6	8	2	4	7
N	D	E	R	R	F	N	O	E	T	O	A	R
8	2	4	8	3	5	4	5	4	5	7	5	8
O	W	M	N	E	D	I	E	L	R	I	A	A
3	7	8	5	3	4	3	4	2	7	8	6	5
R	V	T	T	A	Y	T	L	L	E	U	R	I
7	5	4	2	3	2	5	4	8	2	4	8	2
S	O	I	E	E	D	N	F	R	G	E	E	E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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MAGIC MAZE ● MUPPETS

B	V	S	P	N	K	I	F	D	C	A	X	V	S	Q
O	L	J	H	E	S	C	B	R	A	X	V	T	R	P
N	L	J	H	F	W	D	B	O	Y	X	Y	V	T	T
R	P	O	M	K	E	I	R	F	B	G	N	G	E	I
D	B	Z	X	H	E	E	W	F	G	O	N	Z	O	M
U	T	R	Q	I	T	O	N	I	F	L	U	J	I	R
R	I	Z	Z	O	U	E	P	L	L	G	B	F	E	E
D	C	Z	O	A	M	S	E	C	W	T	N	K	Y	K
X	O	C	W	V	S	T	S	T	O	R	A	P	O	N
F	S	E	C	I	N	A	J	O	R	E	E	L	K	J
I	L	A	M	I	N	A	Z	G	B	D	B	F	E	C

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Animal, Beaker, Bean Bunny, Bobo, Clifford, Dr. Teeth, Fozzie, Gonzo, Janice, Miss Piggy, Rizzo, Rowlf, Scooter, Sweetums, Zoot

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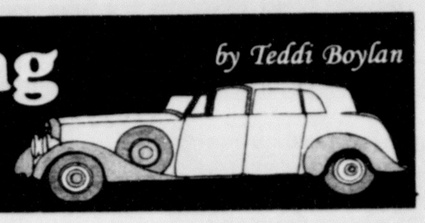
DINING, TRAVEL & ENTERTAINMENT

Touring with Teddi

by Teddi Boylan



Columnist Teddi Boylan brings you her recommendations of places to dine and places to visit in the greater West Sacramento area. Her travels include both stops at our advertisers' establishments and other institutions.

This week, Teddi is taking the week off. Following is a reprinted column from several months ago.

Enjoy!

It is always nice to find your "literary endeavors" appreciated. So I was very pleasantly surprised to receive a thank-you note from Vickie Van Tricht, owner of the "Discover California" shop on J St. in Old Town. This charming shop features a wine tasting room, California foods and wines and gift baskets as well as strictly California gifts and souvenirs.

I hate to burst their P.R. bubble, but "where friendship is the largest jackpot" is a truly stupid advertising slogan. Let's face it. Gamblers more for "winning is the only jackpot." Our two arch-rival Indian casinos certainly have different points of view. Maybe Jackson should start a "lonely hearts club" if they really mean what they advertise.

I can't afford a yacht, or even a rowboat for that matter.

But I certainly enjoy eating or sipping at one of the many riverfront restaurants in the area. We have so many of them: The Delta King, Rio City Café, Crawdads, Woody's, Virgin Sturgeon, Alamar Marina, and the Rusty Duck.

I fondly remember the Chart Room on the West Sacramento side of the river. It was run by two savvy women. Unfortunately, it sunk a number of years ago. Then there was Raley's Marina Inn – for the life of me, I can't firgure out why the west side of the river has not been developed in all these years since the Marina Inn and the Chart Room disappeared. They were both very popular.

Have you been to Vince's Italian Restaurant lately?

We are really very fortunate to have such a delicious place to dine. I guess everyone recognizes this fact, because I have never gone into Vince's and found it much less than full. Waiting in their cocktail lounge is also a very pleasant experience. Having happy, experienced employees is definitely part of Victor Talani's success at Vince's.

The meeting of the West Sacramento Restaurant & Tavern Association was well attended last Sunday.

You, the patrons, can expect good things to come of this new organization whose main aim is to make you happier. I will tell you more next week, as well as the time and place of the next meeting.

Eppie's on the west end of West Capitol Avenue has new weekly dinner specials. Monday is teriyaki beef; Tuesday is lemon pepper chicken; Wednesday is short ribs; Thursday is herb garlic roast turkey; Friday is breaded grilled snapper; Saturday is sweet and sour baked ham; and Sunday is baked chicken. All for $8.99 per dinner. Drop in and pick up a copy of this menu plus their new catering menu.

Drop in to the Sail Inn and say hello to the "fast and friendly" bartender, Max. Or perhaps you prefer the beautiful Sandy. Either way, it's a great place to eat and imbibe.

What's your favorite gastronomic haunt? Your favorite 'watering hole'?

Drop Teddi a line at the News-Ledger, PO Box 463, West Sacramento CA 95691.

Vince's Restaurant
Featuring Italian Fine Food & Cocktail Lounge
Victor Talani, Manager
371-6395
840 Harbor Blvd. ■ West Sacramento

Yolobus To Sac. Airport 371-2877

MORRISONS Upstairs
Featuring • Steaks • Prime Rib • Fresh Fish • Chef's Specials • Leg of Lamb • Fine Wines • Cocktails & Appetizers •
Lunch Mon., Thurs. & Fri. 11-2
Dinner 7 Nights from 5 p.m.
Early Bird Specials Mon.-Thurs 5-6
(530) 666-6176 Upstairs at the corner of 1st & Bush, Woodland

THE BRICK SHOT HOUSE
Karaoke nightly!
3217 West Capitol Ave.
West Sacramento
372-8070

Where soup is King, and Rosie's Queen!
Westside PUB & GRILL
specializing in private parties
319 6th St. ■ At Sacramento Ave.
372-8897
• Thursday Darts •
• Monday Nite Football & Taco Nite
• Serving Lunch 11am-2pm
• Dinners served Fri.-Sat. 5-9 p.m.
• Sunday Breakfast 9:30am-2pm

TWO BEARS STEAKHOUSE & Lounge
Live Music Fri., Sat. & Sun.
Karaoke Tues., Wed. & Thurs.
Wednesday is Ladies' Night
(916) 448-4144
fax: 448-4114
232 Jibboom Street
Near I-5 & Richards Blvd., Sacto.

Nick's Diner
Mon-Fri 6am-9pm
Sat-Sun 6:30am-9pm
Fabulous '50s-style family restaurant
FREE LUNCH ENTREE!
Purchase any lunch entree and two beverages, and receive a second entree of equal or lesser value FREE, up to a $7 value!
Valid anytime. Not valid with other discounts/offers.
Expires 11/30/02 Nick's Diner, 805 Harbor Blvd., W. Sac.
805 Harbor Blvd. (at West Capitol Ave.)
374-8066

SAIL INN Food & Spirits
DINNERS
6 p.m., $5.95
WED.: Sauerbraten
THURS.: Corned beef & cabbage
FRI.: Meat Loaf
1522 Jefferson Blvd., W. Sac. ■ (916) 371-0981

Silver Spur Lounge
Live music every other Fri. & Sat.
D.J. alternate Fri. & Sat.
Karaoke every Thursday • All shows 8pm
Now open for breakfast & lunch!
2125 W. Capitol Ave. ■ 374-9155

Gorman's Restaurant
A special place in Yolo!
Great Food ■ Fine Wine ■ Cocktails
Gretchen & Graham Wilcox
Proprietors
I-5 North to Yolo exit
37380 Sacramento St., Yolo, CA
(530) 662-6889

CHEERS WEST SACRAMENTO
The locals' favorite bar for 23 years.
Karaoke by Greg Michaels
Wednesdays & Saturdays, 8-12
Dart tournaments, Tues., 7 p.m.
Owner operated.
2435 West Capitol Ave.
371-8511

Come to LA BOU
■ Coffee, tea & espresso drinks (hot or iced!)
■ Fine croissants & pastries
■ Terrific sandwiches & salads
849 Jefferson Blvd.
W. Sac. ■ 375-0910

The IDLE HOUR
Where good friends meet
Hot rockin' blues, Fri. & Sat. nites
BBQ Sunday 6pm-10pm
739 Sacramento Ave., West Sac.
372-0248

Old Town

the BACK DOOR LOUNGE
Live on Thursday: Rudy Valentino
Friday & Saturday: Paige Kay
Breakfast at 8 a.m., and lunch at 11:30 a.m.
1112 Firehouse Alley, Old Sacto
442-5751

CLUB PHEASANT
Restaurant & Cocktail Lounge
Italian Dinners & Lunches
- Family Owned Since 1935 -
Closed Mondays
Phone (916) 371-9530
Fax (916) 371-9553
Two miles south of Pioneer Memorial Bridge (US 50) on Jefferson Blvd. ■ West Sacramento, California

Mecca Club
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916-371-0538
George Larson & Mike Nord OWNERS
POOL TABLES, DARTS, 8 TVs, SPORTS PATIO
Since 1933
Mecca Club
WEST SACRAMENTO

Where to Stay

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Trucker & Commercial Rates
HBO/ESPN/TBS ● Phones
Truck parking
Adjoining Restaurant
Pool ● Major Credit Cards
ROSEMARY RIVERA, MANAGER

Jefferson Video
-Your local video store -
1001 Jefferson Blvd.
West Sacramento
372-5880
We have all the new movies!

Whitey's Jolly Kone
● Tacos ● Burgers ● Shakes
GREAT FOOD.
FRIENDLY FOLKS.
A West Sacramento Tradition!
1300 Jefferson Blvd.
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Newly Renovated!
CAPITOL BOWL
■ Pool tables
■ Video arcade
■ 'All You Can Bowl', only $15 per lane: up to 3 hours M-F & up to 2 hours Sat-Sun. Up to six bowlers per lane!
900 West Capitol Ave., West Sacramento ■ 371-5631

CLASSIFIED ADVERTISING

Local Classified Advertising

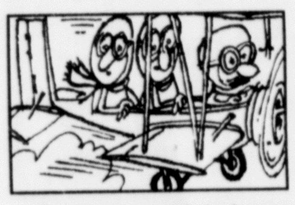
SERVICES

SMALL JOBS ONLY LANDSCAPE: 15 years experience, residential specialist, licensed State Contractor #535496, ISA Arborist. Removals - shrubs, trees, stumps, annoying limbs cut. Detach, overseed, aerate, roof drains cleared, tilling, high weeds. Emergency assistance. Insured. 371-9273. NO MOWING.
A-2000-51

PHOENIX PAINTING COMPANY: In business since 1981, doing residential and commercial painting. FREE ESTIMATES. Bonded & insured. License No. 415670. Experienced in special coatings. Senior discount. Phone (916) 372-2941.

PLUMBING

Plumbing service & repair. Drain work. Realistic prices, senior discounts. Call Gary at Town Craft Plumbing, 372-0871.
50tfn



The first scheduled passenger airline service began in 1914, just 11 years after the invention of the airplane.

CARPET SERVICE

Carpet installation, repair & restretch: call Carl, 916-373-3365. Free estimates! 35 years experience. Lic. #6856.
34tfn

APARTMENTS FOR RENT

Beautiful, secluded apartment community with park-like grounds. Numerous floorplans. Near freeway, next-door to golf course. RiverbendCountry Club Apts., 555 Douglas St., West Sac. 372-2888
46tfn

HOMES FOR RENT

Let us be your source for West Sacramento rentals! S&S Property Management, owner Bill Shower. Call 371-1870 or email rentals or email rentals@ssproperty.com for information on what could be your next home!
37tfn

HOMES FOR SALE

1657 Orinda Pl., West Sac.: Less than one year old, 2559 sq ft, 5 bdrm, 2 1/2 bath, in Newport Estates off Linden Rd. Many upgrades, spa, completed landscaping front and rear w/large quality patio cover. $305,500 call 628-8032, owner.
10

BOMBSHELL BUY! Fabulous state streets 2/3 bdrm home, great corner lot location. Vinyl-sided exterior, 2-car garage. For more info & pictures, go to www.jeffpuliz.com or call Jeff Puliz, agent, 373-9600. $269,500. 201 16th St..
9tfn

Southport's Best! 2997 Brenda Way in Southport. Newer Windset-built home 4 bdrm, 3 full bath, 2-story w/one bdrm & one bath downstairs. 3-car garage + RV pad. Family rm frplc, big kitchen w/Corian countertops, formal dining rm, lrg master bdrm w/fireplace in sitting area, walk-in closet, big lot that sides to park. All for $314,800. For info, call John Kane, broker, 373-5300.
10tfn

Country Escape! Wonderful family home on one full acre in Southport. This well-maintained home built in 1978, w/new roof & A/C in 1997. 4 bdrms, 3 full baths, 2-car garage, park-like landscpng, fenced area for horses, RV access, side yard for pets, garden or ? Hurry! This home is priced to sell at $339,500. Call Perry & Jina Palamidessi at Lyon Real Estate for an appointment or more info. 916-425-1270.
11

Country living at its best! 2,500 sq ft custom home on 5 acres in Wilton. In-ground swimming pool, detached 2-car garage, large decks, fenced year yard, plus fences. 5 acres w/irrigation & outbuildings. Bring your farm stock & horses! Award-winning architectural designed home w/ high vaulted ceilings. Great opportunity at $414,000. Call John Kane, Kane Realty, 373-5300.
4tfn

760 Douglas St., West Sacto: Great 3 bdrm, 1 bath, garage, CH/A, new carpet & paint. Nice yard w/RV access. Near golf course, river, schools, bus, shopping. Only $164,900. Call 916-390-1935.
17

For a list of homes and land for sale, call John Kane, brk., KANE Realty at 373-5300!
36tfn

FOR PICTURES & INFORMATION on homes listed in West Sacramento, go to: www.WestSacHomes.com Brought to you by Home Port Realty, 916.372.5933
11tfn

COUNTRY HOME w/view of the Sacramento skyline! 1,800 sq ft home in heart of Southport, built in 1944 and beautifully remodeled. Brick, 3 bdrm + den, 2 remodeled bathrooms, modern updated kitchen, living rm fireplace, 2-car detached garage. Large deck w/above-ground pool, all on 1/2 acre. Your county estate soooo close to town, for $349,000. 2640 Harmon Rd. in Southport. Call John Kane for your private appt. Kane Realty, 373-5300.
4tfn

SOUND INVESTMENT! This 2 bdrm, 2 full bath duplex is a rare find. Over 1,000 sq ft each unit. Good rents, low vacancy, 2145 & 2147 Oakmont Way. $235,000. For more info, go to www.jeffpuliz.com or call 916-373-9600. Parkside Property.
4tfn

YOUR GATEWAY to home ownership! Southport newer home at 1630 Gateway Dr. -- great opporunity for 2-yr o[l]e in super neighbor[h]ood off Jefferson in S[outh]port. [3] bdrms, 2 full ba[th]s, [gr]anite counters in kitch[en], [fam]ily/great room, 2-car g[ar]age, [pic]turesque setting backing to p[ark]. Listed for $239,900. Call for your private appt. to view. John Kane, Kane Realty, 373-5300.
jk7tfn

SALE PENDING

3 bedrm, 2 baths + den, on 1/2 acre. Pool, spa, updated kitchen 2/oak cabinets. $350k. Call Janet Friesinger, agent, 916-712-9197.
46

***
We do not attach ourselves lastingly to anything that has not cost us care, labor or longing.
—Honore de Balzac
***

MISC. FOR SALE

Michelle M. Mendoza, Independent Skin Care Consultant. JAFRA Cosmetics International. (916) 372-3520, www.myjafra.com/MMENDOZA1.
11

Rattan 60" round dining table w/ leaf, butternut color, with 4 chairs, nice, $150. Also Wurlitzer Spinet organ, needs repair, free to good home. 373-0327.
11

WALNUTS, you pick your own, 50 cents/pound. 372-2330.
12

MOBILE HOME FOR SALE

For sale: 2 bdrm, 2 bath mobile home, $15,000. At Casa Mobile Park. Call 372-2659.
V-11

MOTORCYCLES

1981 Yamaha Virago, 750 V-twin, $1250. 373-9535.
10tfn

GARAGE/YARD SALES

YARD SALE: Sat., Nov. 2, 8am-4pm, 1547 Tamarack Rd. (take Jefferson south, left on LInden). Many, many items!
11

CHILD CARE

POOH'S FAMILY DAYCARE: Infant & toddlers, quality food programs, family atmosphere, play yard. 372-5917 or (916) 505-8798. Lic. #3607617.
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FREE CHILD CARE REFERRALS: Child Care Services offers free child care referrals to licensed family child care homes and child care centers. For referrals and other information, call (530) 757-5695 or (800) 723-3001.
2003-30

Experienced child care, DAYS, EVENINGS & WEEKENDS. Infants thru school age. Safe, clean, smoke-free. Large yard, meals, snacks, quality care, references avail. Linda, 375-1062 or 519-9008.
11

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1.7+ acres
$345,000
OWNER FINANCING AVAILABLE!
Located in Southport on Jefferson Blvd.
Call for Details!
John Kane, Brk
373-5300

HELP WANTED

Manager: for senior lunch program in West Sac. M-F 9:30am-1:30pm, $8.21-$8.46/hr., depending on exp. Call (530) 662-7035 for application. EOE.
ENPYC-44tfn

Part-time waitress, Mondays, Fridays, weekends, must have experience. Westside Pub & Grill. Call 372-8897 after 2pm.
12

Blind, retired engineer needs help to receive and send email. Pay & hours negotiable. 371-4561.
11

***
The great secret of power is never to will to do more than you can accomplish.
—Henrik Ibsen
***

AUTOS

1982 Lincoln Continental Mk VI: beautiful in & out, classy, classic, power windows, seats, locks, cassette. Only 81k miles. $2750. 372-9170.
11tfn

'92 Toyota Camry, 4 dr, 146k miles, GOOD CONDITION, new radiator, A/C repair, new brakes last year, good tires, drives very smoothly. $5500. 371-8239.
M-11

PETS, LOST & FOUND

LOST CAT: Lrg black/white longhair female, approx. 3-4 yrs old, near Lakewood Drive. Please call 371-0273 or 716-4390.
B12

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POWER WHEELCHAIRS available to disabled patients, no HMO's, unable to walk or self-propel manual wheelchairs. No cost to you - subject to insurance qualification. 1-888-972-2300. (CAL*SCAN)

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Did you know the News-Ledger is Yolo County's last locally owned, independent newspaper?

Did you know the News-Ledger has nearly four times the number of subscribers as its local competitor?

MAKING LIFE MORE FUN

Protecting And Preserving Keepsakes

(NAPS)—One way to make magical memories last longer is to keep your keepsakes in the best possible condition.

The most efficient way may be to laminate them. The latest laminators are heat-free, thus there's no waiting for the unit to heat up and no risk of burning yourself or the object you're laminating. These cold laminators, such as the Duck® brand ezLaminator™, require no electricity or batteries so they're safe to use for the entire family, even kids.

What to Laminate

- Recipes
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- Instructions for appliances
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- Special memories—cards, postcards, photos and valentines
- CD covers
- Babysitter notes
- Newspaper articles
- Favorite wine or beer labels
- Place mats
- Flash cards
- Luggage tags

Laminating cherished keepsakes and photos can help them last for generations to come.

Laminators can also help you create some fun and simple crafts with your kids.

The ezLaminator sells for about a third of the price of a heat laminator and is available at mass market and office product stores such as Wal-Mart and OfficeMax.

For more information, visit www.ezlaminator.com.

CABALDON from page one

in terms of its perception and desirability."

The Los Angeles native earned a bachelor's degree from UC Berkeley, and a master's in public administration from Sacramento State. A former legislative staffer, he lives in West Sacramento's Park Blvd. area, and now serves as vice chancellor of the state's community college system.

He is very proud of the new Los Rios Community College branch near Harbor Blvd.

"That is much less visible than Raley Field, but just as essential," Cabaldon commented. "We're one of the region's most important job centers, and during times of economic downturns, we're seeing unemployment. It's not that there aren't enough jobs – it's that workers' skills don't match the jobs. Community colleges are the biggest workforce trainer in the state. That campus had come close to being closed (when it was at a former location). They were offering only three totally unrelated classes, and enrollment kept going down. I fought hard for it. To the credit of Sacramento City College and Los Rios, they were willing to take a chance. It now offers 80 classes and we have become the fastest growing campus in California."

On the council, Cabaldon remains heavily involved in duties that require him to work on regional issues such as transportation planning and air quality. He commented on West Sacramento's changed relationship with its next-door neighbor, the city of Sacramento.

Is there still a "zero sum game" kind of competition between the two cities, when competing for state office projects, ballparks and other developments?

"There is still some of that," he said. "To some degree, it's true – which is why it's important for us to always be at the table fighting for our share of a limited pie. But there's a lot to be said for a healthy rivalry, a spirited rivalry, where we are trying to outdo each other in being the first to develop the waterfront and so forth."

West Sacramento "is extraordinarily healthy," he added, despite pressures from the recession. "We're not faced with making severe cuts, because we have a diverse economic base. We're not in the position of laying people off (from city government and services)."

The troubled West Capitol Avenue corridor will benefit from the new civic center project, he commented.

"The civic center is going to make a big difference. We're already getting more interest in downtown development than ever before. And Southport has become one of the area's most desirable places for new housing, even before it has its planned amenities such as pedestrian trails."

"Is everything perfect? No. If it were, I wouldn't be running again. Our biggest challenge is the budget. There is stagnation in the state and national economy, coupled with likely budget hits on cities from the state. We need to expand the level of services in our city, and to expand the quality of service in our city, but both of these are going to require money."

Cabaldon helped design Measure J, and "strongly supports" J and K, the two ballot measures intended to use new local sales taxes to fund road repairs, parks and other local amenities and programs.

He is opposed, though, to Measure L, which challenges existing city planning in an effort to reduce new industrial development.

"I think it's a 'bazooka' approach when all you need is a hammer," said Cabaldon. "I've asked the city council to reopen the land use plans particularly for the area right around the port and Southport area, and to modernize the plans. I think that's appropriate – the community ought to have a discussion about land uses. Measure L doesn't do that."

He called Measure L a "wake-up call."

"For the proponents, I hope it has increased their appreciation for the value of the city's economic diversity. For the opponents, particularly for those outside of the city, I hope they appreciate the importance of harmonizing the port's objectives with its neighbors."

Earlier, Cabaldon supported a stalled attempt to bring the Port of Sacramento under more local control than it currently enjoys.

The councilman was also asked how he felt about plans to bring an Indian gaming casino to the city.

"I don't support the casino," he said. "It doesn't fit with the vision we've worked so hard to achieve and had so much success accomplishing. It will have major impacts to our local community, on our infrastructure and services, and also on the local quality of life for our residents. Study after study shows links between casino gambling and crime, and between casino gambling and all sorts of issues."

Cabaldon added that he does believe the city needs to make a deal with the Indian tribe in case they do get approval for their project, "to protect the city to the maximum extent possible."

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LETTERS from page seven

For a brief time in 1998, Lake Champlain—on the border of Vermont and New York—was officially designated as the sixth Great Lake.

Running a toothpick through a clove of garlic before you add it to soup or stew will make it easier to find before serving.

The football stadium with the largest seating capacity is the Pontiac Silverdome, home of the Detroit Lions. The stadium holds 80,368 fans.

The people who live south of the port are just like everyone else except they are usually newer to the city. Not always, though, as in my case. I lived in older West Sacramento for 22 years, Bryte for 10 years, and now south of the port for 20 years. That's why I feel we're all in this together. What is wrong with taking a little control over your own city's growth?

TIM McKINNON
West Sacramento

In support of Johannessen

A premier city is balanced between residential, commercial, and industrial zoning and holds a key interest towards the future jobs of its citizens.

My father, Vincent Frugoli, dedicated an immeasurable amount of time towards the future development and growth of this city. I, as well as many other citizens of West Sacramento, share in his sentiment about the direction of this city.

Mark Johannessen, in my opinion, is one of the best candidates for city council and my vote goes out to him. He is focused on the entire city rather than selective neighborhoods. He supports our commitment to the port and retail growth in the downtown area of West Sacramento, as well as the other areas of our city.

Vote "no" on Measure L and for Mark Johannessen.

MARINA FRUGOLI
West Sacramento

In support of Kevin Jones

As a former middle school librarian in another district, I think it is wonderful to have a teacher (in another district) running for our Washington Unified School District Board of Education.

As a close friend of Kevin's grandmother, I have had a chance to see how lucky we will be to have him on our school board. Please vote for Kevin Jones.

POLLY WATSON
West Sacramento

Against Measure L

I would like to urge everyone to vote "no" on Measure L. Our current zoning has undergone thousands of hours of thoughtful planning and it will save and increase our tax base and create many new good paying jobs in the future. Believe me, Natomas, Elk Grove, Davis and Folsom would love to have our potential.

Please join me in voting "no" on Measure L.

LOU ARGES
West Sacramento

Send your letters to: News-Ledger, PO Box 463, W. Sac., CA 95691.

Don't forget to sign the letter and include your address and phone. Deadline is Friday.

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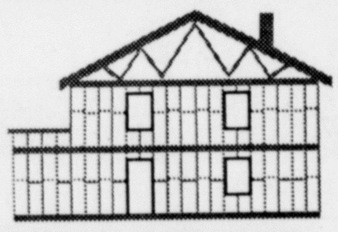
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Sacramento City College
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Los Rios Community College District

Comfort foods
Made fast and healthy

by JoAnna M. Lund

Just Awesome!

My son Tommy's favorite word when he thinks something is extra-special is "awesome." Try this easy dessert and see if he's not on to something!

AWESOME APPLE CRISP

- *2 cups (4 small) cored, peeled and sliced cooking apples*
- *1 teaspoon apple-pie spice*
- *1/4 cup quick oats*
- *6 tablespoons reduced-fat baking mix*
- *Granular sugar substitute to equal 1/4 cup sugar, suitable for baking*
- *4 teaspoons reduced-calorie margarine*

In a medium bowl, combine apples and apple-pie spice. Evenly spoon mixture into 4 (10-ounce) microwavable custard cups. In same bowl, combine oats, baking mix, sugar substitute and margarine. Mix well until crumbly. Evenly sprinkle crumb mixture over apples. Microwave on HIGH (100 percent power) for 8 to 10 minutes or until apples are tender. Let set for at least 5 minutes. Good warm or cold. Makes 4 servings.

• Each servings equals: 102 calories, 2 g fat, 2 g protein, 19 g carb., 149 mg sodium, 2 g fiber; Diabetic Exchanges: 1 Fruit, 1/2 Starch, 1/2 Fat.

Visit JoAnna's Web site at www.healthyexchanges.com

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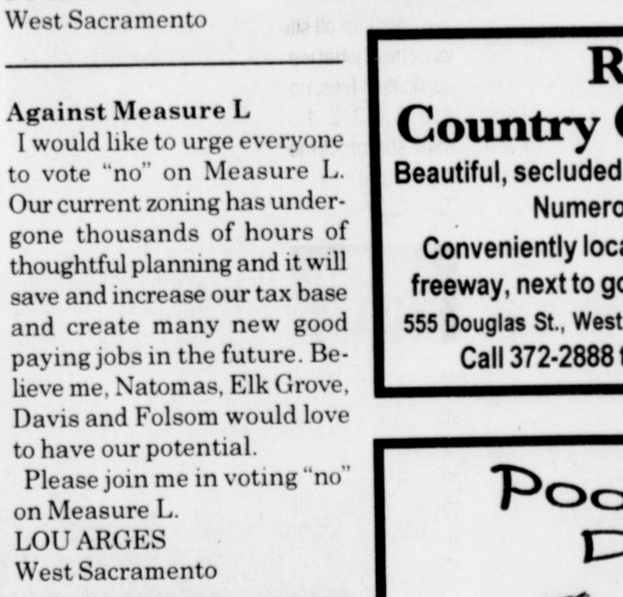
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Local Scene

Youth basketball

The city parks department, in partnership with the NBA, is offering the Jr. NBA & Jr. WNBA youth basketball leagues for boys & girls ages 5-13, $45 per player includes a jersey and award. Volunteer coaches needed. Entry deadline Dec. 6. Player evaluation & draft is Dec. 7, and league begins in January. Call 373-5860.

Golden Years Club

West Sacramento's Golden Years Club will have a catered Thanksgiving dinner at the VFW Hall, 905 Drever St., at 6 p.m. on Tues., Nov. 19. The club caters to people age 50 and over. For information, call 371-8126.

Interfaith

West Sacramento's Interfaith Gathering thanks those who attended the weekend's litter cleanup campaign on West Capitol, and invites representatives of all faith traditions to meet for a brown bag luncheon Friday, Nov. 1, at noon at River Cities Funeral Chapel. Call 371-8804 for more information.

'Miles for Meals'

Join other supporters of Yolo County's Elderly Nutrition Program in a 'Miles for Meals' walkathon from 8-10 a.m. on Sat., Nov. 2, at County Fair Mall in Woodland. Enjoy live music, food and prizes while raising money for the program that provides lunchtime meals to homebound seniors. Channel 13's Dewey Hopper will be Master of Ceremonies. With a minimum pledge of $20, receive a T-shirt. Call (530) 662-7035.

Rabies shots for dogs

The Yolo Co. Dept. of Health and a local veterinarian are combining to offer low-cost rabies vaccinations for dogs at nine locations in October. Cost is $4, and dogs must be on a leash. Vaccinations are mandatory. First shot is good for one year, and follow-ups are good for three years. Call (530) 666-8646.

VFW breakfast

Veterans of Foreign Wars Post 8762 on Drever Street in West Sacramento is sponsoring a breakfast from 9-11:30 a.m. on Nov. 10. Contact the post for details.

Johannessen campaign

Supporters of Mark Johannessen for City Council are hosting a "Get Out and Vote" pasta feed on Nov. 3 at 5 p.m. at 600 4th St. in West Sacramento. No charge, donations welcome, families invited.

Woodland High

Woodland High School's Class of 1953 is planning a reunion. Anyone with information on the whereabouts of classmates is asked to call Ardith (Ford) Belden, 371-7105.

'DADS'

'Dads And Daughters/ Sons' ('DADS') invites fathers with children under age six to participate in a playgroup provided by the Yolo Family Service Agency, 455 First Street, Woodland. No charge. Play activity is held Tuesday evenings 5:30-7 p.m.; the first Tuesday is a Spanish-speaking group. Call (530) 662-2211 ext. 20.

Crab feed

The Alzheimers Aid Society will host a crab feed in memory of West Sacramentan Joey Lopes, at the St. Elizabeth Catholic Church, 1817 12th Street in Sacramento, beginning at 6 p.m. on Sat., Nov. 9. There will be music and dancing following the 6 p.m. cocktail hour and 7 p.m. dinner. Raffle prize donations welcome. Call 371-3549.

Craft Faire

Our Lady of Grace School will hold its annual Christmas Craft Faire on Sat., Dec. 7, from 9 a.m. to 2 p.m. Santa will be available to pose for pictures from 11 a.m. to 1 p.m. A hot dog lunch will be served, and a cookie booth will be open. To rent a table, call 371-8416.

Christmas baskets

The West Sacramento Christmas Basket Project is gearing up for its 2002 season. The organization provides a holiday food basket for low-income families in West Sacramento. Volunteers are needed during November and December. Please call 373-1744 or 372-3360; if you do not reach someone, please leave a message with your name and number. The next meeting will be Oct. 9 at Community Lutheran Church.

Craft faire

The Holy Cross Altar Society will hold a Holiday Craft Faire on Sun., Nov. 17, and is looking for crafters. For information or to rent a spot, call 372-2875.

New at library

The Arthur F. Turner Branch Library has received the following new books:

"Horseshoes, Cowsocks & Duckfeet: More Commentary By NPR's Cowboy Poet & Former Large Animal Veterinarian," by Baxter Black.

"The Lion's Grave: Dispatches from Afghanistan," by Jon Lee Anderson.

"Good Poems," Selected and Introduced by Garrison Keillor.

"Dilbert and the Way of the Weasel," by Scott Adams.

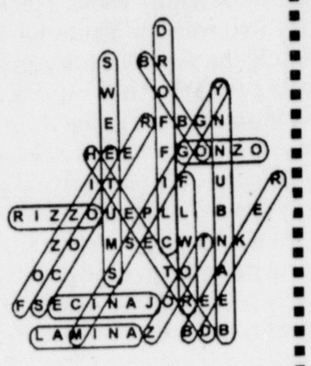
"Bi-Lingual American Cooking: English and Spanish/ Cocina Americana Bilingue: Ingles y Espanol," by Susan Hess.

Call 375-6465 for information or library hours.

Answers to Puzzles & Sports Quiz

Answers

1. It was 1978, when Catfish Hunter (New York Yankees) and Don Sutton (Los Angeles Dodgers) faced each other in Game Six of the World Series.
2. Their own, in part. The Yankees allowed 13 runs to Boston in an ALCS game in 1999 and scored 13 runs against Oakland in an ALCS game in 1981.
3. It was 1987. LSU lost to Nebraska.
4. In 1984, the Nets beat Philadelphia in the first round.
5. Fred Shero of the Philadelphia Flyers.
6. Terry Labonte had driven in 655 consecutive races.
7. False. Although Capriati beat Hingis in the Australian Open final, she beat her in the semifinal round at the French Open.



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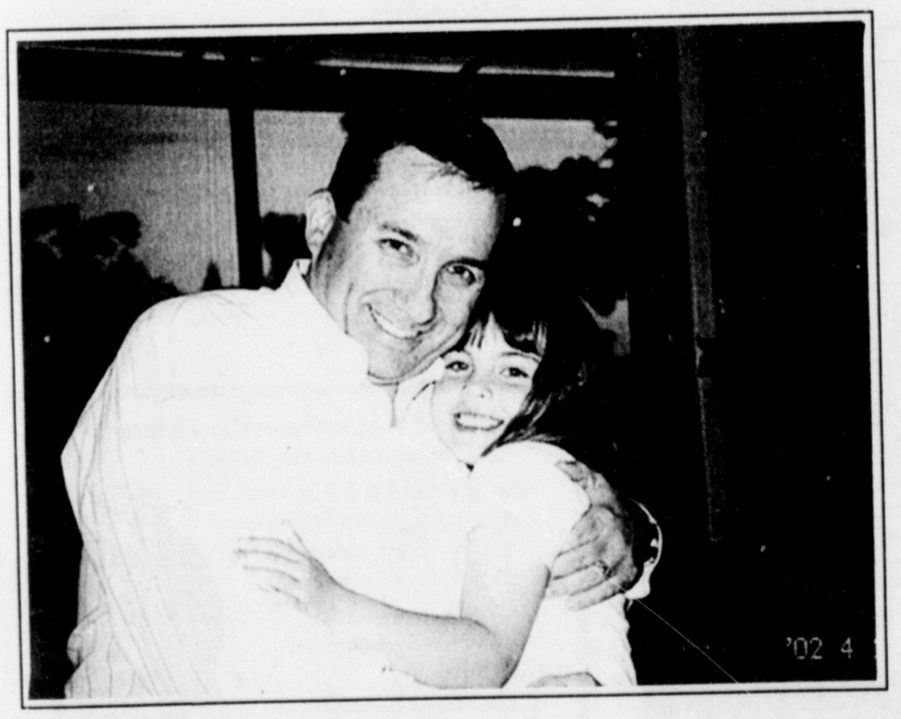
Differences: 1. Sign is different. 2. Hat is missing. 3. House has no decorative bricks. 4. Cap is missing letter "C." 5. Tree is gone. 6. Small shrub is missing.

KIMBER GODDARD
for CITY COUNCIL
in 2002



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■ POLITICS WITH PRINCIPAL
■ COMMERCE WITH CONSCIENCE
■ LIVE, WORK & SHOP IN WEST SACRAMENTO

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